

Quick Kick

拍數: 24 牆數: 1 級數: Beginner
編舞者: Hayley Argyle (UK)
音樂: Give It Up or Let Me Go - The Chicks



The choreographer was age 5 when this dance was written

KICK TWICE, RIGHT COASTER STEP, KICK TWICE, LEFT COASTER STEP

1-2 Kick right forward twice
3&4 Step back right, step left beside right, step right forward
5-6 Kick left forward twice
7&8 Step left back, step right beside left, step left forward

CROSS, SIDE, RIGHT COASTER STEP, CROSS, SIDE, LEFT COASTER STEP

1-2 Cross right over left, step left to left side
3&4 Step right back, step left beside right, step right forward
5-6 Cross left over right, step right to right side
7&8 Step left back, step right beside left, step left forward

SWEEP STEPS TRAVELING FORWARD, KICK

&1 Sweep right out & around to front, step onto right in front
&2 Sweep left out & around to front, step onto left in front
&3 Sweep right out & around to front, step onto right
4 Kick left forward

WALK BACK TWICE, LEFT COASTER STEP

1-2 Step left back, step right back
3&4 Step left back, step right beside left, step left forward

REPEAT
