Put Your Record On



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Craig Bennett (UK)

音樂: Put Your Records On - Corinne Bailey Rae



LEFT SIDE ROCK RECOVER, RIGHT SIDE, SAILOR ½ SKATE, SKATE, STEP LOCK STEP

1-2&3 Step left to left side, rock back onto right, recover weight onto left, step right to right side

4&5-6 Sailor step making ½ turn left, skate left, skate right

7&8 Step left forward, step lock right behind left, step forward onto left

ROCK 1/4 TURN, CROSS SIDE BEHIND, BACK TOUCH, BACK TOUCH, SLIDE BACK TOGETHER

Rock forward onto right, recover back onto left, step right ¼ turn right Cross left over right, step right to right side, cross left behind right

5&6& Step back onto right at diagonal, touch left in place, step back onto left at diagonal, touch

right in place

7-8 Step back onto right foot, slide left in place (taking no weight)

1/4 TURN STEP STEP, BEHIND 1/4 STEP STEP, BEHIND SIDE, CROSS ROCK STEP CROSS ROCK

Make a ¼ turn stepping left forward, step right to right side, step left in place (taking weight)

Step right behind left, make ¼ turn left stepping forward onto left, step right to right side

Step left behind right, step right to right side, rock left across right, recover weight onto right

7&8 Step left to left side, cross rock right over left, recover weight onto left

TURN 14, 12 SWEEP BALL STEP, 14 TURN MONTEREY, TOGETHER

1-2 Step right foot ¼ right, make a ½ turn right stepping back onto left

3&4 Sweep right around going into a right ball step (stepping right in place, stepping forward on

left)

5-6 Cross right over left, point left to left side

7-8& 1/2 turn left touching right to right side, bring right in place taking weight

REPEAT

RESTART

Restart on 4th wall after count 12. Step right to side start again