

# Put Your Feet To The Beat

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Peter Metelnick (UK)  
音樂: Tired Of Toein' The Line - Ethan Allen



## HEEL SWITCHES AND TOE SWITCHES

1&            Touch right heel forward, step right beside left  
2&            Touch left heel forward, step left beside right  
3&4          Touch right heel forward, hold & clap twice  
&            Step right beside left  
5&            Touch left toe to left side, step left beside right  
6&            Touch right toe to right side, step right beside left  
7&8          Touch left toe to left side, hold & clap twice

## LEFT SAILOR, RIGHT SAILOR, STEP ½ PIVOT RIGHT, RIGHT SHUFFLE

9&10        Cross left behind right, step right to right side, step left to place  
11&12       Cross right behind left, step left to left side, step right to place  
13-14       Step forward left, pivot ½ turn right hooking right heel across left  
15&16       Step forward right, close left beside right, step forward right

## CROSS & STEP, CROSS & CROSS, CHASSE LEFT, SAILOR STEP

17&18       Cross rock left over right, rock back onto right, step left to left side  
19&20       Cross right over left, step left to left side, cross right over left  
21&22       Step left to left side, close right beside left, step left to left side  
23&24       Cross right behind left, step left to left side, step right to place

## CROSS, SIDE LEFT, ¼ TURN COASTER, STEP ½ PIVOT LEFT, KICK BALL CHANGE

25-26       Cross left over right, step right to right  
27&28       Step back left into ¼ left, step right beside left, step forward left  
29-30       Step forward right, pivot ½ turn left  
31&32       Kick right forward, step right beside left, step onto left in place

## REPEAT

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