Put On Your Dancin' Shoes

級數: Improver

編舞者: Unknown

拍數: 32

音樂: 455 Rocket - Kathy Mattea

LEFT CROSS, RIGHT, LEFT BEHIND RIGHT, SHUFFLE RIGHT, RIGHT ACROSS LEFT, LEFT, RIGHT BEHIND LEFT, SHUFFLE LEFT

- 1-2 Step left across right, right to right
- 3&4 Step left behind right, step right, step left, in place, next to right
- 5-6 Step right across left, left to left
- 7&8 Step right behind left, step left, step right, in place, next to left

RIGHT, CROSS LEFT, STEP RIGHT, LEFT BEHIND RIGHT, RIGHT, ½ PIVOT, LEFT SHUFFLE ON BALL OF LEFT

- 1-4 Step right on right, cross left in front of right, step right, step left behind right
- 5 Step right with foot positioned right, going into a ¹/₄ turn (3:00)
- 6 Step forward on left and ¹/₂ pivot to the right, lifting right and stepping in place
- 7 Step on ball of left foot, in place, taking weight
- & Take weight on right foot, in place, taking weight
- 8 Step on ball of left foot, in place, taking weight

WALK WALK, KICK BALL CHANGE TWICE, WALK WALK

- 1-2 Walk forward on right, left
- 3&4 Right kick ball change
- 5&6 Right kick ball change
- 7-8 Walk right, step left next to right

RIGHT POINT, ½ TURN, LEFT POINT, LEFT TOGETHER, CHA-CHA RIGHT, STOMP AND KICK LEFT

- 1 Point right out to right
- 2-3 Spin around in a ¹/₂ turn to right, stepping on right, immediately pointing out left to left
- 4 Step left next to right
- 5&6 Cha-cha right-left-right, to right
- 7 Stomp left next to right,
- 8 Kick left forward

REPEAT





牆數:4