

Put A Cork In It

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lorraine Hillard (AUS)
音樂: If I Could Bottle This Up - Paul Overstreet



STOMP, HOLD, STEP OUT, & CROSS, ROCK, STEP, SHUFFLE ACROSS

1-2& Stomp right foot forward, hold, step left foot to left
3& Step right foot to right, step left foot to center
4-5 Step right foot across front of left foot, step left foot to left
6-7 Recover weight onto right foot, step left foot across in front of right foot
&8 Step ball of right foot right (behind left heel), step left foot across in front of right foot

POINT, FULL TURN, POINT & CROSS, & HIPS 2,3,4

1& Point right toe to right, full turn right on ball of left foot
2-3 Step right foot next to left foot, point left toe to left
&4 Step left foot next to right foot, step right foot across front of left foot
5-6 Step left foot to left swaying hips left, sway hips to right
7-8 Sway left, sway right

BEHIND, IN FRONT, POINT, ½ TURN, STEP, HOLD, & STEP, & STEP

1& Step left foot behind right foot, step right foot slightly right
2-3 Step left foot across front of right foot, point right toe to right
&4 ½ turn right on ball of left foot, step right foot next to left foot
5-6 Step left foot forward to left diagonal, hold
&7& Step right foot to behind left foot, step left foot forward to left diagonal, step right foot to behind left foot
8 Step left foot forward to left diagonal

Steps 5-8 face body toward right diagonal with hands slightly out to sides, palms down looking down to your left hand

STEP, HOLD, & STEP, & STEP, & OUT, & CROSS, ½ TURN

1-2 Step right foot forward to right diagonal, hold
&3 Step left foot to behind right foot, step right foot forward to right diagonal
&4 Step left foot to behind right foot, step right foot forward to right diagonal
&5& Step left foot to left, step right foot to right, step left foot to center
6 Step ball of right foot across in front of left foot
7-8 Bending knees - unwind ½ turn left using both counts

Steps 1-4 face body toward left diagonal with hands slightly out to sides, palms down looking down to your right hand

STEP, HOLD, STEP HOLD, SHUFFLE TURN, SHUFFLE TURN

1-2 Step right foot forward directly in line with left foot, hold
3-4 Step left foot forward directly in line with right foot, hold
Beats 5-8 travel forward while doing a full turn left
5&6 Right shuffle
7&8 Left shuffle

STEP, PIVOT, STEP, HOLD, FULL TURN, SHUFFLE

1-2 Step right foot forward, pivot ½ turn left transferring weight onto left foot
3-4 Step right foot forward, hold
Beats 5-6 travel forward while doing a full turn right
5-6 Step forward left foot, step forward right foot

7&8

Left shuffle forward

& OUT, & HOLD, KNEE, KNEE, SAILOR STEP, SAILOR STEP

- &1-2 Step right foot to right, step left foot to left, hold
- 3 Pop left knee toward right knee
- 4 Transfer weight onto left foot and pop right knee toward left knee
- 5 Step ball of right foot behind left foot, step left foot slightly to left
- 6-7 Step right foot center, step ball of left foot behind right foot
- &8 Step right foot slightly to right, step left foot center

BEHIND, IN FRONT, ROCK, & CROSS, & CROSS, SCUFF, SCUFF, TAP

- 1& Step right foot behind left foot, step left foot to left
- 2-3 Step right foot across front of left foot, step ball of left foot to left
- &4 Transfer weight onto right foot, step left foot across front of right foot
- &5 Step right foot slightly right, step left foot across front of right foot
- 6 Swing right foot slightly forward scuffing right heel next to left foot
- 7 Swing right foot back crossing in front of left foot scuffing right toe in front of left foot
- 8 Tap right toe to the left of left foot

REPEAT

TAG

When dancing to the preferred music (George Jones & Shelby Lynne) an 8 count tag is needed. Dance the first 2 rotations of the dance then add the first 4 beats of the dance, then unwind $\frac{1}{2}$ turn left for 4 counts and continue dance from beginning facing back wall
