

Pussycat Doll

拍數: 32 牆數: 4 級數: Beginner
編舞者: Winnie Yu (CAN)
音樂: Don't Cha (feat. Busta Rhymes) - The Pussycat Dolls



This dance is dedicated to my junior line dancers of summer 2005

TOUCH, ¼ TURN, STEP(2X), TOUCH, STEP, TOUCH, ¼ TURN, SIDE

- 1-2 Touch right toe beside left, make a ¼ turn right stepping on the right foot with hip pushing forward (facing 3:00)
3-4 Touch left toe beside right, make a ¼ turn left stepping on the left foot with hip pushing forward (facing 12:00)
5-6 Touch right toe beside left, step right foot forward with hip pushing forward (diagonally facing 1:00)
7-8 Touch left toe beside right, make a ¼ turn left stepping on the left with hip pushing to left side (facing 9:00)

Optional hand movements:

- 1 Cross both hands at waist level
2 Open both hands out
3-8 Repeat for counts 3-8

Optional head movements:

- 1&2 Nodding head for count 1 & 2
3-8 Repeat for count 3-8

STEP BACK (3X), RECOVER, WALK FORWARD (2X), RIGHT KICK-BALL- POINT

- 1-2 Step back on right, step back on left
3-4 Step back on right, recover on left
5-6 Walk forward right, left
7&8 Kick right foot forward, step right foot down next to left, point left toe to the left side

SHOULDER POP, ¼ TURN, LEFT MAMBO, MONTEREY ¼ TURN RIGHT, POINT, OUT-IN-STEP

- 1-2 Pop shoulder- left, right
3&4 Make ¼ turn right and rock left to left side, recover on right, step left beside right (facing 12:00)
5-6 Point right to right side, make a ¼ turn right stepping down on right (facing 3:00)
7&8 Point left to left side, point left next to right, step left to left side

JAZZ WALK (2X), JAZZ BOX RIGHT, BUMP HIPS (3X), HOLD, BUMP HIPS (2X)

- 1-2 Cross walk forward right, left (with attitude)
3&4 Cross right over left, step back on left, step right to right side
5&6 Bump hips left, right, left
7&8 Hold, bump hips right, left

REPEAT