

# Pushin' Country

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Cher Palmer & Debbie Jones  
音樂: Pushin' Country - The Riversedge Band



## KICK-BALL-CHANGE, TOE TOUCHES, SAILOR STEPS

1&2      Kick right forward, quickly step slightly back on right, step slightly forward on left  
3-4      Touch right toe forward, touch right toe to side  
5&6      Cross right foot behind left, step left foot to side, step right foot to side  
7-8      Touch left toe forward, touch left toe to side  
9&10     Cross left behind right, step right foot to side, step left foot to side

## 2 RIGHT- KICK-BALL-CHANGES, RIGHT SHUFFLE, LEFT SHUFFLE

11&12     Kick right forward, quickly step slightly back on right, step slightly forward on left  
13&14     Kick right forward, quickly step slightly back on right, step slightly forward on left  
15&16     Step right forward, close left beside right, step right forward  
17&18     Step left forward, close right beside left, step left forward

## VINE TO THE RIGHT, VINE TO THE LEFT

19-22     Side step right, step left behind right, side step right, touch together left  
23-26     Side step left, step right behind left, side step left, touch together right

## RIGHT & LEFT SWITCHES, & HEEL & TOUCH, & HEEL & TOUCH & RIGHT & LEFT SWITCHES

27&      Touch right to right side, step right beside left  
28&      Touch left to left side, step left beside right  
29&      Touch right heel forward, step right beside left  
30&      Touch left toe next to right, step left beside right  
31&      Touch right heel forward, step right beside left  
32&      Touch left toe next to right, step left beside right  
33&      Touch right to right side, step right beside left  
34&      Touch left to left side, step left beside right

## BUMP & GRINDS, RIGHT SHUFFLE, ROCK STEP, TRIPLE STEP WITH ½ TURN

35-36     Step down on right foot while double bumping right hip forward  
37-38     Double bump left hip back  
39-42     Rotate hips counter to the right for 4 beats  
43&44     Step right forward, close left beside right, step right forward  
45-46     Rock forward at an angle on left foot, step in place on right foot  
47&48     Turn half turn left stepping left, right, left

## REPEAT

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