

Push The Button

拍數: 32 牆數: 2 級數: Improver
編舞者: Kim Swan (UK)
音樂: Push the Button - Sugababes



FORWARD AND BACK MAMBO, KICK BALL CHANGE, KICK BALL TURN

1&2 Rock forward on right, recover on left, step right next to left
3&4 Rock back on left, recover on right, step left next to right
5&6 Kick right forward. Step right beside left. Step onto left in place
7&8 Kick right forward, step onto right making $\frac{1}{4}$ turn left, step onto left in place

RIGHT HIP PUSH, ROCK BACK, RECOVER, TURNING HEEL GRIND, COASTER

1-2 Touch right diagonally forward pushing right hip forward, recover on left
3-4 Rock back on right, recover on left
5-6 Grind right heel forward making $\frac{1}{4}$ turn right, return weight back onto left
7&8 Step back right, step left beside right, step forward right

2 X LEFT FORWARD - HOLD - TOGETHER, WEAVE

1-2& Step left forward, hold, step right next to left
3-4& Step left forward, hold, step right next to left
5-6 Cross left over right, step right to right side
7-8 Cross left behind right, step right to right side

CROSS, POINT, CROSS SHUFFLE, 2 X $\frac{1}{4}$ HINGE TURNS RIGHT, SIDE MAMBO

1-2 Cross left over right, point right to right side
3&4 Cross right over left, step left to left side, cross right over left
5-6 Turn $\frac{1}{4}$ right stepping left back, turn $\frac{1}{4}$ right stepping right beside left
7&8 Rock left to left side, recover on right, step left next to right

REPEAT
