

# Push It

拍數: 48      牆數: 4      級數: Intermediate  
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音樂: You Rock Me - Enrique Iglesias



## SWING RIGHT, SWING LEFT, SIDE STEP, SLIDE LEFT IN, CROSS ROCK, RECOVER, TURN ¼ LEFT, HOLD

1-2      Rock on right to right side, rock on left to left  
3-4      Step right to right side, slide in left towards right  
5-6      Cross rock left over right, recover on to right  
7-8      Turn ¼ left stepping forward on left, hold

## TRIPLE FULL TURN, HEEL SWITCHES TWICE, FORWARD ROCK, BACK ROCK

1-4      Triple full turn left traveling forward on right, left right, hold  
5&6&      Heel switches left & right, together  
7-8      Rock forward on left, rock back on to right

## JUMP BACK, HEEL RAISE, FULL TURN, SIDE, SLIDE, WALK BACK TWICE

&1&2      Jump back left, right bringing feet together, raise & lower the heels  
3-4      Full turn right traveling to right side on right, left  
5-6      Big step right to right side, slide in left towards right  
7-8      Walk back on left, right

On wall 2 and 5, counts &1&2 raise both arms in front of you and hands like you are pushing something heavy, for phrasing with singing " yeah you push me"

## FULL TURN BACK OVER LEFT, SKATE TWICE, CHASSE, CROSS STEP SIDE STEP

1-2      Turn ½ left stepping forward on left, turn ½ left stepping back on right  
3-4      Skate forward on left, right  
5&6      Step left to left side, bring right next to left, step left to left side  
7-8      Cross step right over left, step left to left side

## BACK ROCK, ¾ TURN, FORWARD LOCK STEP, SIDE STEP

1-2      Cross rock right back behind left, recover on to left  
3-4      Turn ¼ left stepping back on right, turn ½ left stepping forward on left  
5-6-7      Step forward on right, lock left behind right, step forward on right  
8      Step left to left side

## BACK ROCK, ¾ TURN, FORWARD LOCK STEP, SIDE STEP

1-2      Cross rock right back behind left, recover on to left  
3-4      Turn ¼ left stepping back on right, turn ½ left stepping forward on left  
5-6-7      Step forward on right, lock left behind right, step forward on right  
8      Step left to left side

## REPEAT

## RESTART

Restart after 16 counts on the second wall (facing front wall) replacing counts 7-8 (15-16) with left step forward, drag right to left, (instead of forward rock step)

## ENDING

For style rock right behind left, recover, turn ¼ left stepping back on right, turn ¼ left stepping left to left side, drag in right towards left (facing front wall)

