

Pure Harmony

COPPER KNOB
STEPSHEETS

拍數: 172 牆數: 1 級數:
編舞者: Ty Barton (AUS)
音樂: You Could've Heard a Heartbreak - Daron Norwood



- 1 Stomp right-left in place
- 2 Jump kick right out to right side landing on left

SAILOR STEP

- 3-4 Cross right behind left, step ball of left foot to left side, step right foot slightly to right

COASTER STEP

- 5-6 Step back onto left, bring right next to left, step forward on left
- 7-8 Rock forward onto right, rock back onto left
- 9-10 Shuffle back right-left-right turning $\frac{1}{2}$ turn to right
- 11-12 Shuffle forward left-right-left turning $\frac{1}{2}$ turn to right
- 13-14 Rock back onto right, rock forward onto left
- 15-16 Stomp right foot forward, clap
- 17-18 Step forward onto left and pivot $\frac{1}{4}$ turn right
- 19-20 Stomp left foot forward, clap
- 21-22 Touch right toe forward with heel raised, drop heel, slap right thigh with right hand with a downward motion
- 23-24 Touch left toe forward with heel raised, drop heel, slap right thigh with right hand with an upward motion (looking over left shoulder towards front each time)

HEEL BALL CHANGES

- 25 Touch right heel across in front of left foot
- 26 Bring right together and step left to left side
- 27 Touch right heel across in front of left foot
- 28 Bring right together and step left to left side turning $\frac{1}{4}$ turn to left
- 29-30 Step forward onto right and pivot $\frac{3}{4}$ turn to left
- 31-32 Shuffle right-left-right sideways to the right

HEEL BALL CHANGES

- 33 Touch left heel across in front of right foot
- 34 Bring left together and step right to right side
- 35 Touch left heel across in front of right foot
- 36 Bring left together and step right to right side turning $\frac{1}{4}$ turn to right
- 37-38 Step forward onto left and pivot $\frac{1}{2}$ turn right
- 39-40 Shuffle forward left-right-left
- 41-42 Touch right toe forward with heel raised, stomp right foot forward
- 43-44 Touch left toe forward with heel raised, stomp left foot forward
- 45-46 Kick right foot forward twice
- 47-48 Rock back onto right, rock forward onto left
- 49 Stomp right foot beside left

- 50 Rock back onto right, step left in place
- 51-52 Step forward onto right and pivot ½ turn left
- 53-54 Shuffle forward at 45 degrees right, right-left-right
- 55-56 Shuffle forward at 45 degrees left, left-right-left
- 57-60 Vine right-left-right to right, touching left beside right with a clap
- 61-64 Vine left-right-left to left turning 1-½ turns, (ending with right foot following)
- 65-68 Bump hips forward, back, the forward twice
- 69-72 Bump hips back, forward, then back twice(weight on left)
- 73-74 Cross right toe over left with right heel raised, then turn ¼ turn to left (keeping right heel raised and weight on left)
- 75 Slide right back dropping right heel, pushing left knee forward, raising left heel
- 76 Slide left back dropping left heel, pushing right knee forward, raising right heel
- 77 Slide right back dropping right heel, pushing left knee forward, raising left heel
- 78 Slide left back dropping left heel, pushing right knee forward, raising right heel
- 79-80 Rock back onto right, rock forward onto left
- 81-82 Shuffle forward right-left-right turning ½ turn left
- 83-84 Shuffle back left-right-left turning ½ turn left
- 85-86 Rock forward on right, rock back on left
- 87-88 Step back on right and raise left toe at same time, clap

JUMPING BACKWARDS

- 89 Bring left together and touch right heel forward
- 90 Bring right together and touch left heel forward
- 91 Bring left together and touch right heel forward
- 92 Brush right foot up to left knee
- 93-94 Shuffle forward right-left-right at 45 degrees to right
- 95-96 Shuffle forward left-right-left at 45 degrees to left
- 97-100 Vine right turning ¼ turn to right, bring left next to right
- 101-102 Split heels apart, toes apart
- 103-104 Tap heels twice
- 105-108 Bump hips right, left, right twice (weight on right)
- 109-110 Cross left over right, step right to right side
- 111 Cross left over right
- 112 Step right to right side, cross left over right (shuffle step)
- 113-114 Rock on right to right side, rock on left in place
- 115 Cross right over left
- 116 Step left to left side, cross right over left
- 117-118 Touch left toe to side with heel raised, click fingers of right hand at right shoulder and drop left heel (start bringing right hand across body)
- 119-120 Touch right toe across left with heel raised, clicking fingers of right hand at left shoulder
- 121-122 Step forward on left and pivot ½ turn right
- 123-124 Step forward on left at 45 degrees to left, lock right behind left
- 125-126 Shuffle forward left-right-left at 45 degrees to left

- 127-128 Step forward on right and pivot $\frac{3}{4}$ turn left (to face front)
- 129-132 Step forward on right, lock left behind right step forward on right, stomp left beside right
- 133-134 Right kick ball change
- 135-136 Step forward on right, pivot $\frac{1}{4}$ turn left
- 137-138 Right kick ball change
- 139-140 Step forward on right, pivot $\frac{1}{4}$ turn left
- 141-142 Step forward on right, pivot $\frac{1}{4}$ turn left (rolling hips to the left)
- 143-144 Step forward on right, pivot $\frac{1}{4}$ turn left (rolling hips to the left)
- 145-148 Step right to right side, step left behind right, step right to right side, step left across in front of right
- 149-150 Touch right toe to right side, cross right over left
- 151-152 Touch left toe to left side, turn $\frac{1}{4}$ turn to left (keeping weight on right)
- 153-154 Bring right together (with right foot at 45 degrees to back of left) then step left forward, hold
- 155-156 Bring right together (with right foot at 45 degrees to back of left) then step left forward, hold
- 157 Bring right together (with right foot at 45 degrees to back of left) then step left forward
- 158 Bring right together (with right foot at 45 degrees to back of left) then step left forward
- 159-160 Stomp right beside left twice
- 161-162 Rock back on right, rock forward on left
- 163-164 Kick right foot forward twice
- 165-166 Turn $\frac{1}{4}$ turn right and shuffle right-left-right sideways to right
- 167-168 Rock back on left, rock forward on right
- 169-172 Step forward on left, slide right beside left, step forward on left, clap

REPEAT
