

Pure & Simple

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 1 級數: Intermediate
編舞者: Chris Taylor (UK)
音樂: Pure And Simple - Hear'Say



Sequence: ABB, AB, A1, BBB

PART A

RIGHT AND LEFT STEP, KICK

1-2 Step right in place, step left in place
3-4 Step right in place, kick left (ankle flexed & click fingers)
5-6 Step left in place, step right in place
7-8 Step left in place, kick right (ankle flexed & click fingers)
9-16 Repeat steps 1-8

RIGHT AND LEFT DIAGONALS FORWARD, STEP BACK AND TOGETHER TWICE

17-18 Step diagonal forward on right, step diagonal forward on left
19-20 Step back right, step back left beside right
21-24 Repeat steps 17-20

SKATE STEPS LEFT AND RIGHT, LEFT SHUFFLE IN PLACE, STEP FORWARD, PIVOT ¼ TURN, STEPS BACK

25-26 Skate left, skate right
27&28 Left shuffle in place
29-30 Step forward right, pivot ¼ left
31-32 Step right back, step left back

SYNCOPATED WEAVE RIGHT, HIP BUMPS, STEP FORWARD RIGHT, ¼ PIVOT TURN STEPS FORWARD

33&34 Step right to right side, step left behind right, step right to right side
&35&36 Step left in front of right, step right to right side bump hips right left
37-38 Step forward right, pivot ¼ turn left
39-40 Step forward right, step forward left

SYNCOPATED WEAVE RIGHT, UNWIND ½ TURN, (BEHIND SIDE CROSS, ROCK STEPS) TWICE

41&42 Step right to right side, step left across right, step right to right side
43-44 Step left behind right unwind ½ a turn
45&46 Step right behind left, step left to left side, cross right over left
47&48& Rock left, rock right, rock left, rock right
49&50 Step left behind right, right to right side, cross left over right
51&52& Rock right, rock left, rock right, rock left

MAMBO STEPS RIGHT AND LEFT, CHUG, KICK OUT OUT

53&54 Rock right, rock left, step right in place
55&56 Rock left, rock right, step left in place
57-58 Making ¼ turn left touch right toe to right side, making ½ turn left touch right toe to right side
59&60 Making ¼ turn left kicking right foot forward, step back right, step back left (feet apart weight on left)

PART A1

Lyrics start with "I'll always be there for you baby"

Repeat Part A steps 1-28 (miss out steps 29-44) followed by steps 45-60 then add on

1&2-3&4 Kick right foot forward, step back right, step back left (feet apart weight on left) twice

PART B

Lyrics start with "Wherever you go, whatever you do"

SIDE STEPS WITH TOUCHES LONG STEP RIGHT

1-2 Step right to right side, touch left next to right (bounce shoulders)

3-4 Step left to left side, touch right next to left (bounce shoulders)

5-8 Step right to right side dragging left to right

SIDE STEPS WITH TOUCHES LONG STEP LEFT

9-10 Step left to left side, touch right next to left (bounce shoulders)

11-12 Step right to right side, touch left next to right (bounce shoulders)

13-16 Step left to left side dragging right to left

JAZZ BOX TURNS, KICK, ROCK TOGETHER, HEAD LEFT RIGHT

17&18& Cross right over left, step back left making $\frac{1}{4}$ turn right, step right to right side, step left next to right

19&20& Repeat steps 17&18&

21&22&23&24 Kick right foot forward, step right next to left, rock left rock right, step left next to right, turn head left, turn head center. hold
