

Punk Rocker

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Becky Johnson (UK) & Ellie Lindridge (UK)
音樂: I Wish I Was a Punk Rocker (with Flowers in My Hair) - Sandi Thom



OUT, OUT, WALKS, SAILOR

1-2 Step right to right side, step left to left side
3-4-5-6 Walk forward right, left, right, left
7&8 Cross right behind left, step left beside right, step right to right side

FULL TURN, SAILOR, CROSS, ROCK, CROSS SHUFFLE

1-2 Make full turn backwards turning left, stepping left, right
3&4 Cross left behind right, step right beside left, step left to left side
5 Cross step right over left
6& Rock left to left side, recover onto right
7&8 Cross left over right, close right beside left, cross left over right

HINGE ½ TURN, CROSS SHUFFLE, MAMBO, COASTER

1 Turn ¼ left stepping right back
2 Turn ¼ left stepping left to left side
3&4 Cross right over left, close left beside right, cross right over left
5&6 Rock left forward, recover onto right, step left beside right
7&8 Step right back, step left beside right, step right forward

STEP PIVOT ½ TWICE, &POINT SWITCHES, & CROSS UNWIND

1-2 Step left forward, pivot ½ turn right
3-4 Step left forward, pivot ½ turn right
&5 Step left beside right, point right to right side
&6 Step right beside left, point left to left side
&7-8 Step left beside right, cross right over left, unwind ½ turn left

OUT, OUT, FORWARD, BACK, HEEL TWISTS, SUGAR STEPS TWICE

1& Step right to right side, step left to left side
2& Step right forward, step left back
3&4 Twist both heels out, twist both heels in, twist both heels out (weight on left)
5& Touch right toe beside left, scuff right forward
6 Stomp right forward
7& Touch left toe beside right, scuff left forward
8 Stomp left forward

SHUFFLE, SKATES, HEELS, POINT, TURN

1&2 Step right diagonally to right, close left beside right, step right diagonally to right
3&4 Skate left diagonally left, skate right diagonally right
5& Touch left heel forward, close left beside right
6& Touch right heel forward, close right beside left
7&8 Point left toe to left side, pivot ¼ turning left (keeping weight on right)

COASTER, KICK & TOUCH TWICE, STEP SLIDE

1&2 Step left back, step right beside left, step left forward
3&4 Kick right forward, step right to right side, touch left beside right
&5 Step left to left side, kick right forward

- &6 Step right to right side, touch left beside right
7&8 Step big step left to left side, drag right beside left (keeping weight on left)

SWAYS, TOUCH, UNWIND, CHASSE, TURN, ROCK

- 1 Step right forward, swaying hips diagonally forward right
2 Sway hips diagonally back left
3&4 Touch right toe back, unwind $\frac{1}{2}$ turn right (leaving weight on right)
5& Step left forward, close right beside left turning $\frac{1}{4}$ turn right
6 Step left to left side
7-8 Rock right back, recover onto left

REPEAT

ENDING

HINGE $\frac{1}{2}$ TURN, CROSS SHUFFLE, MAMBO, CROSS, UNWIND

- 1 Turn $\frac{1}{4}$ left, stepping right back
2 Turn $\frac{1}{4}$ left stepping left to left side
3&4 Cross right over left, close left beside right, cross right over left
5&6 Rock left forward, recover onto right, step left beside right
7-8 Cross right over left, unwind slowly $\frac{1}{2}$ turn to the left
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