Pull Over (P)



拍數: 64 牆數: 0 級數: Partner

編舞者: Stompin' Sue (USA) & The Other Ones 音樂: Hard Workin' Man - Brooks & Dunn



Position: Skater Position (Side by side, 2 hand hold in front; right hand in right hand on top, left in left on bottom)

STEP TOUCHES, STEP-TOGETHER-STEP BRUSH

1-2 Step forward on left, touch right next to left3-4 Step back on right, touch left next to right

5-8 Step forward on left, step right together with left, step forward on left, brush right

MAN'S PULL TURN

Without letting go of either hand

9-12 MAN: Turn a full turn right in front of the lady, stepping ¼ turn to right on right, ¼ turn to right

on left, ½ turn to right on right, touch left

LADY: Assist the man's turn by pulling both hands slightly in toward right side at waist level, while stepping four steps; slightly back on right, slightly back to the left on left, slightly forward

right, together with left

LADY'S PULL TURN

Without letting go of either hand

13-16 LADY: Turn a full turn right in front of the man, stepping ¼ turn to right on right, ¼ turn to right

on left, ½ turn to right on right, touch left

MAN: Assist the lady's turn by pulling both hands slightly in toward right side at waist level, while stepping four steps; slightly back to the left on left, step right slightly back together with

left, slightly forward to left on left, together with right

STEP TOUCHES, STEP-TOGETHER-STEP BRUSH

17-24 Repeat counts 1-8

MAN'S PULL TURN, LADY'S PULL TURN

25-32 Repeat counts 9-16

STEP TOUCHES

33-34 Step forward on left, touch right next to left 35-36 Step back on right, touch left next to right

STEP LOCKS WITH BRUSHES

Step forward to left on left, lock step right behind left, step forward to left on left, brush right

Step forward to right on right, lock step left behind right, step forward to right on right, brush

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45-48 MAN: Step in place left, right, left, and touch right next to left

Without letting go of either hand, man should assist the lady's turn by pulling both hands slightly in and to his left at waist level

LADY: Turn ½ turn left while stepping left, right, left and touch right next to left

Lady will now be facing RLOD holding both hands crossed with right hands on top. Lady is facing the man, slightly to his right side; partner's right feet and right shoulders should be approximately in line

STEP TOUCHES WITH HAIR BRUSHES, ROCK STEPS

49-50 Step right to right, touch left next to right

Raise right hands up over lady's head and release. Rejoin right hands below left hands

51-52 Step left to left, touch right next to left

Raise left hands up over lady's head and release. Rejoin left hands below right hands

53-54 **MAN:** Rock forward on right, back in place on left

LADY: Rock back on right, forward in place on left

55-56 MAN: Rock back on right, forward in place on left

LADY: Rock forward on right, back in place on left

Man should prep the lady for her turn during these counts. On count 55 he should bring the hands up to the lady's shoulder height and slightly to his right (her left). On count 56 he should release the left hands and bring the right hands up level with the lady's head

LADY'S 1 ½ TURN, STEP BRUSHES

57-60 **MAN:** Walk forward right, left, right, brush left foot

LADY: Turn ½ turn to right by stepping toward LOD on right, turn ½ turn to right by stepping back toward LOD on left, turn ½ turn to right by stepping toward LOD on right, brush left foot

Man should bring the right hands down in front of the lady as she finishes her turns. Left hands are rejoined beneath the right

Step forward on left, brush the right Step forward on right, brush the left

REPEAT