

Puff Of Smoke

拍數: 32 牆數: 4 級數: Intermediate
編舞者: John Robinson (USA)
音樂: Salty Dog Blues - The GrooveGrass Boyz



SAILOR STEPS, WALK FORWARD 2 STEPS, FORWARD ROCK

1&2 Left step across behind right on ball of foot, right step side right, left step side left and slightly forward
3&4 Right step across behind left on ball of foot, left step side left, right step side right and slightly forward

Variation: Replace sailor steps with sailor scuffs (like in "Razor Sharp"):

1 Left step across behind right on ball of foot
& Right step side right
2 Left heel scuff forward
& Left step down
3 Right step across behind left on ball of foot
& Left step side left
4 Right heel scuff forward
& Right step side right and slightly forward

5-6 Left step forward; right step forward
7-8 Left rock forward on ball of foot; right step in place

BACK ROCK, KICK-BALL-CHANGE, STEP, TOUCH, ½ PIVOT LEFT

1-2 Left rock back on ball of foot; right step in place
3&4 Left kick forward, left step ball of foot next to right, right step in place
5-6 Left step forward; right touch next to left
7-8 Right step forward; pivot ½ turn left shifting weight forward to left foot

RIGHT FORWARD SHUFFLE, ¼ PIVOT RIGHT, CROSS STEPS WITH SIDE POINTS

1&2 Step right forward, left step forward to right heel in 3rd position, step right forward
3-4 Left step forward; pivot ¼ turn right shifting weight to right foot
5-6 Left step forward across right; right toe point side right
7-8 Right step forward across left; left toe point side left

KICK-STEP-TOUCH, STEP, SLIDE, STEP, SLIDE, STOMP 2X

1&2 Left kick forward, left step next to right, right toe touch next to left
3-4 Right big step side right; left slide next to right, keeping weight on right
5-6 Left big step side left; right slide next to left, keeping weight on left
7-8 Right stomp next to left twice, placing weight on right foot on final stomp

REPEAT
