

Pucker Up

拍數: 32 牆數: 4 級數:
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音樂: Hole In My Heart - Jason Sellers



DIAGONAL SHUFFLE STEPS, DIAGONAL STEPS WITH HEEL SWIVELS

Counts 1-8 are done almost in place

1&2 Shuffle slightly forward and diagonally to the right (right left, right)

3&4 Shuffle slightly forward and diagonally to the left (left, right left)

Twist body in same direction as swivels for counts 5-8

5-6 Swivel left heel outward to the left and step diagonally right on right foot, swivel right heel outward to the right and step diagonally left on left foot

7-8 Swivel left heel outward to the left and step diagonally right on right foot, swivel right heel outward to the right and step diagonally left on left foot

FORWARD SHUFFLES, STEP, HITCH, STEP BACK, PIVOT TURN

9&10 Shuffle forward (right, left, right)

11&12 Shuffle forward (left, right, left)

13-14 Step forward on right foot; hitch left knee up

15-16 Step back on ball of left foot; pivot $\frac{1}{4}$ turn to the left, transfer weight to left foot

FORWARD SHUFFLE, TO THE RIGHT MILITARY PIVOT, SHUFFLE TURN, ROCK STEP

17&18 Shuffle forward (right, left, right)

19-20 Step forward on left foot; pivot $\frac{1}{2}$ turn to the right on ball of left and shift weight to right foot

21&22 Shuffle forward (left, right, left) making a $\frac{1}{2}$ turn to the right on these steps

23-24 Step back on right foot; rock forward onto left foot

OUT-OUT, IN-IN, HIP ROLL, SYNCOPATED HIP ROLLS

&25 Step to the right on right foot; step to the left on left foot about shoulder width apart from right

26 Hold and clap hands

&27 Step to home on right foot; step left foot next to right

28 Hold and clap hands

29-30 Rotate hips in a circle to the left from left to right

&31 Rotate hips in a circle to the left from left to right

&32 Rotate hips in a circle to the left from left to right

REPEAT
