

# P.S. Live, Laugh, Love

**COPPERKNOB**  
STEPPERS

拍數: 0                      牆數: 1                      級數: Intermediate  
編舞者: Linda Roberts (UK) & John Clements (UK)  
音樂: Live, Laugh, Love - Clay Walker



Sequence: AB ABB AB AA C BB

## PART A

### CROSS ROCK FORWARD, BACK, TOGETHER TWICE, MAMBO LEFT, ¼ TURN RIGHT, HOLD

- 1                      Rock forward on left crossing over right
- &                      Rock back right in place
- 2                      Step left beside right
- 3                      Rock forward on right crossing over left
- &                      Rock back left in place
- 4                      Step right beside left
- 5                      Rock to left side onto left
- &                      Rock back right in place
- 6                      Step left beside right
- 7                      Step ¼ onto right
- &8                      Hold with two claps (attitude: bend right knee during hold)

### HEEL BALL TOUCH TWICE, MAMBO LEFT, ¼ TURN RIGHT, HOLD

- 9                      Extend left heel forward
- &                      Step down ball of left beside right
- 10                      Touch right beside left
- 11                      Extend right heel forward
- &                      Step down ball of right beside left
- 12                      Touch left beside right
- 13                      Rock to left side onto left
- &                      Rock back right in place
- 14                      Step left beside right
- 15                      Step ¼ onto right
- &16                      Hold with two claps (attitude: bend right knee during hold)

### CROSS ROCK FORWARD, BACK, TOGETHER TWICE, MAMBO LEFT, ¼ TURN RIGHT, HOLD

- 17                      Rock forward on left crossing over right
- &                      Rock back right in place
- 18                      Step left beside right
- 19                      Rock forward on right crossing over left
- &                      Rock back left in place
- 20                      Step right beside left
- 21                      Rock to left side onto left
- &                      Rock back right in place
- 22                      Step left beside right
- 23                      Step ¼ onto right
- &24                      Hold with two claps (attitude: bend right knee during hold)

### HEEL BALL TOUCH TWICE, MAMBO LEFT, ¼ TURN RIGHT, HOLD

- 25                      Extend left heel forward
- &                      Step down ball of left beside right
- 26                      Touch right beside left

- 27            Extend right heel forward
- &            Step down ball of right beside left
- 28            Touch left beside right
- 29            Rock to left side onto left
- &            Rock back right in place
- 30            Step left beside right
- 31            Step ¼ onto right
- &32          Hold with two claps (attitude: bend right knee during hold)

**PART B**

**GRAPEVINE LEFT CROSS RIGHT, SYNCOPATED WEAVE LEFT**

- 1            Step left to left side
- 2            Cross right behind left
- 3            Step left to left side
- 4            Cross right over left
- 5&          Step left to left side, cross right behind left
- 6&          Step left to left side, cross right over left
- 7            Step left to left side
- &            Cross right behind left
- 8            Step left to left side

**GRAPEVINE RIGHT CROSS LEFT, SYNCOPATED WEAVE RIGHT**

- 9            Step right to right side
- 10          Cross left behind right
- 11          Step right to right side
- 12          Cross left over right
- 13&        Step right to right side, cross left behind right
- 14&        Step right to right side, cross left over right
- 15          Step right to right side
- &            Cross left behind right
- 16          Step right to right side

**CROSS ROCKS, PADDLE TURN LEFT**

- 17          Step left across front of right
- &            Step back right in place
- 18          Step left to left side
- 19          Step right across front of left
- &            Step back left in place
- 20          Step right to right side
- 21          Step left across front of right
- &            Step back right in place
- 22          Turn ¼ left with left starting a full paddle turn left
- &            Step right beside left
- 23          Left foot step left continuing left turn
- &            Right step beside left
- 24          Step left to left completing full turn (you are now facing home wall)

**CROSS ROCKS, PADDLE TURN RIGHT**

- 25          Step right across front of left
- &            Step back left in place
- 26          Step right to right side
- 27          Step left across front of right
- &            Step back right in place
- 28          Step left to left side

- 29 Step right across front of left  
& Step back left in place  
30 Turn ¼ right with right starting a full paddle turn right  
& Step left beside right  
31 Right foot step right continuing right turn  
& Left step beside right  
32 Step right to right completing full turn (you are now facing home wall)

### **PART C**

#### **STEP FORWARD, HOLD TWICE STEP FORWARD, HIP BUMPS**

- 1-2 Step forward left, hold  
3-4 Step forward right, hold  
5&6 Step forward left bumping hips left, right, left  
7&8 Step forward right bumping hips right, left, right

#### **WALK BACK X4**

- 9-12 Walk back left, right, left, right

#### **WEAVE LEFT WITH HOLD**

- 13 Step left to left side  
14 Cross right behind left  
15 Step left to left side  
16 Cross right over left  
17 Step left to left side  
18 Cross right behind left  
19 Step left to left  
&20 Hold (2 claps)

#### **WEAVE RIGHT WITH HOLD**

- 21 Step right to right side  
22 Cross left behind right  
23 Step right to right side  
24 Cross left over right  
25 Step right to right side  
26 Cross left behind right  
27 Step right to right  
&28 Hold (2 claps)
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