

# Promises

COPPER KNOB  
STEPPERS

拍數: 51      牆數: 2      級數: Intermediate waltz  
編舞者: Terry Hogan (AUS)  
音樂: Stars Over Texas - Tracy Lawrence



## DIAGONAL CROSS, SHUFFLE, CROSS-ROCK, TOGETHER, FORWARD

1            Step right foot toward left diagonal crossing left foot  
2&3        Step left toward left diagonal, slide right beside left, step left toward left diagonal  
4-5        Rock-step right foot across in front of left, replace weight onto left foot  
&6        Step right beside left, step left slightly forward

## FORWARD, ½ PIVOT LEFT, ½ TURN LEFT SHUFFLE, BACK, ½ TURN RIGHT SHUFFLE

7-8        Step right forward, make ½ pivot turn left stepping forward onto left foot  
9&10      Shuffle forward right, left, right making ½ turn left - you will finish the move traveling backward  
11        Step left foot backward  
12&13     Shuffle backward right, left, right making ½ turn right - you will finish the move traveling forward

**On both turning shuffles, the turn should be completed on the first two steps of the move**

## ROCK FORWARD, BACK, BALL CROSS, ROCK FORWARD, BACK

14-15     Rock-step left forward, rock backward onto right  
&16       Step slightly backward on ball of left foot, step right across in front of left  
17-18     Rock-step left forward, rock backward onto right

## BALL CROSS, FORWARD CROSS, SIDE, ½ LEFT, CROSS, SIDE, TOGETHER

&19       Step slightly backward on ball of left foot, step right across in front of left

### Counts 14-19 should travel to the side left

20-21     Step left forward and slightly to left side, step right slightly forward  
22        Make ½ turn left on ball of right foot and step left to the side  
23-24     Step right across in front of left, step left to the side  
&        Slide-step right foot beside left - facing 12:00

## SIDE, CROSS-ROCK, SIDE, CROSS, ¼ LEFT BACK

25        Step left foot to the side  
26-27     Rock-step right foot across in front of left turning body toward left diagonal, replace weight onto left foot turning to face front again  
28-29     Step right to the side, step left across in front of right foot turning body toward right diagonal  
30        Make ¼ turn left and step right foot backward - facing 9:00 wall

## ½ LEFT FORWARD SHUFFLE, ½ PIVOT LEFT, FORWARD SHUFFLE

31&32     Make ½ turn left on ball of right foot and shuffle forward left, right, left  
33-34     Step right foot forward, make ½ pivot turn left stepping forward onto left foot  
35&36     Shuffle forward right, left, right - facing 9:00 wall

## ROCK FORWARD, BACK, STEP BACK, ROCK FORWARD, BACK, STEP BACK

37-39     Rock-step left forward, rock backward onto right foot, step left backward  
40-42     Rock-step right forward, rock backward onto left foot, step right backward

## FORWARD, ½ LEFT, ½ LEFT, ½ LEFT, COASTER

43        Step left foot forward  
44        Make ½ turn left and step right foot backward

- 45 Make ½ turn left and step left foot forward  
46 Make ½ turn left and step right foot backward - facing 3:00 wall  
47&48 Step left backward, step right beside left, step left forward - coaster step

**½ LEFT BACK, ¼ LEFT SIDE, SLIDE TOGETHER, SIDE**

- 49 Make ½ turn left on ball of left foot and step right foot backward  
50 Make ¼ turn left on ball of right foot and step left foot to the side  
&51 Slide right foot beside left, step left to the side (you will be facing back wall)

**REPEAT**

**TAG**

**Each time you finish the 51 counts facing the front wall, add the following**

**CROSS ROCK, REPLACE ¼ RIGHT, FORWARD**

- 1-2 Cross-rock right in front of left, replace weight onto left and make ¼ turn right  
3 Step right foot forward

**¼ RIGHT, DIAGONAL - BACK, CROSS, BACK, BACK, CROSS, BACK**

- &4 Make ¼ turn right on right foot, step left foot backward toward left diagonal - facing back wall  
5-6 Step right backward to cross over left, step left back toward left diagonal  
7 Step right back toward right diagonal  
8-9 Step left backward to cross over right, step right back toward right diagonal

**ROCK BACK, FORWARD, ½ RIGHT, BACK, BACK, LEFT COASTER**

- 10-11 Rock-step left foot backward, rock forward onto right  
12 Make ½ turn right on ball of right foot and step left foot backward - facing front wall  
13 Stride-step right foot backward  
14&15 Step left foot backward, step right beside left, step left forward - coaster step
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