

Promised

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Linda Babli (USA)
音樂: The Love You Promised Me - Monte Warden



WALK, WALK, SHUFFLE; ROCK, STEP, SIDE, DRAG

1-2 Walk forward right, left
3&4 Shuffle right, left, right
5-6 Step forward on left, rock back on right
7-8 Step left to left side, drag right next to left keeping weight on left

CROSS, ROCK, SIDE, drag; CROSS, ROCK, ¼ TURN, DRAG

1-2 Cross-step right over left, rock back on left
3-4 Step right to right side, drag left next to right keeping weight on right 5-6 cross-step left over right, rock back on right
7-8 ¼ turn left with left, drag right next to left keeping weight on right

STEP FORWARD, ROCK BACK, ½ TURNING SHUFFLE; STEP, PIVOT, SHUFFLE

1-2 Step forward right, rock back on left (preparing to make ½ turning shuffle right)
3&4 Turn ½ turn right pivoting on left shuffling forward right, left, right
5-6 Step forward left, pivot ½ right shifting weight to right
7&8 Shuffle forward left, right, left

TURN, TURN, SHUFFLE; STEP, PIVOT, STEP, DRAG

1-2 Moving forward, make ½ turn left stepping back on right, pivoting on right make ½ turn left stepping forward left
3&4 Shuffle forward right, left, right
5-6 Step forward left, pivot ½ right shifting weight to right
7-8 Step forward left, drag right next to left keeping weight on left

REPEAT
