

The Promise Waltz

COPPER KNOB
STEPSHEETS

拍數: 42 牆數: 2 級數: Improver
編舞者: Sylvia Schell (USA)
音樂: As God Is My Witness - Kenny Rogers



LEFT FORWARD WALTZ STEP, RIGHT FORWARD WALTZ STEP

1-3 Waltz forward left, right, left
4-6 Waltz forward right, left, right

WALTZ BACK LEFT, DIAGONAL LONG STEP BACK RIGHT, DRAG, TOUCH

1-3 Waltz back left, right, left
4-6 Long step back diagonally right with right, drag left to right, touch left beside right

TURN, TURN, STEP, BACK WALTZ STEP

1-3 Turn ¼ turn to left stepping on left, turn ½ turn left on ball of left stepping back on right, step back on left
4-6 Waltz back right, left, right

FORWARD, TURN, STEP, BACK WALTZ STEP

1-3 Step forward on left, turn ½ turn left on ball of left stepping back on right, step back on left
4-6 Waltz back right, left, right

CROSS, TOUCH, HOLD, CROSS, TOUCH, HOLD

1-3 Cross left over right, touch right toe to right side, hold
4-6 Cross right over left, touch left toe to left side, hold

CROSS, TURN, STEP, BACK WALTZ STEP

1-3 Cross left over right, turning ¼ turn left step back on right, step back on left
4-6 Waltz back right, left, right

LONG STEP, SLIDE, TOUCH, LONG STEP, SLIDE, TOUCH

1-3 Step long step to left with left, drag right to left and touch beside left
As you do this turn your head to the right and point your right arm straight out and bring it to your right leg
4-6 Step long step right with right, drag left to right and touch beside right
As you do this turn your head to the left and point your left arm straight out and bring it to your left leg

REPEAT