

# Proceed With Caution!

**COPPER** **KNOB**  
BY STEPHENETS

拍數: 0                      牆數: 2                      級數: Intermediate/Advanced  
編舞者: Kate Priestley (UK) & Sharon Harrison (UK)  
音樂: Outside - George Michael



Sequence: AABA BBB AA continue with B until end of song Part A is only danced when the chorus is sung.  
Dance begins with "I think I've done with the sofa"

## SECTION A

### WALK FORWARD, FULL TURN BACK, TRIPLE STEP

- 1-4                      Walk forward right, left, right. Left kick forward with a clap
- 5                        Do a ½ turn left as you step back on left foot
- 6                        Do a ½ turn left stepping back on right foot
- 7&8                     Triple step in place left, right, left

### HEEL SWITCHES AND CLAPS

- 9                        Touch right heel forward
- &10                     Switch and touch left heel forward
- &11                     Switch and touch right heel forward
- &12                     Holding position clap hands twice
- &13                     Switch and touch left heel forward
- &14                     Switch and touch right heel forward
- &15                     Switch and touch left heel forward
- &16                     Holding position clap hands twice

### JUMPS FORWARD AND TOE STRUTS BACK

- &17                     Jump forward stepping right, left
- 18                      Click fingers by your hips
- &19                     Jump forward stepping right, left
- 20                      Click fingers by your hips
- 21-22                 Right toe strut back jabbing right thumb over right shoulder
- 23-24                 Left toe strut back jabbing left thumb over left shoulder

### TOE STRUT BACK, TOE TOUCH BACK, STEP IN PLACE, BODY ROLL

- 25-26                 Right toe strut back jabbing right thumb over right shoulder
- 27-28                 Touch left toe back jabbing left thumb over left shoulder and hold
- 29-30                 Step left foot in place. Step right foot slightly forward
- 31-32                 Body roll forward over 2 counts

## SECTION B

### VINE, ¼ TURN, SCUFF, CROSSING SHUFFLE, ½ PIVOT TURN

- 1-2                     Step right to right side, step left behind right
- 3-4                     Step right to right side making ¼ turn right and scuff left foot forward
- 5&6                     Cross left foot over right shuffling left, right, left (traveling right)
- 7-8                     Step forward on right and pivot ½ turn over left shoulder

### SHOULDER SHIMMIES, SHUFFLE FORWARD, SKATES

- 9-10                    As you step forward on your right, shimmy forward
- 11-12                 Lean back slightly and shimmy shoulders
- 13&14                 Shuffle forward right, left, right
- 15                      Skate left (slide left foot forward turning toes out slightly, turning hips and body out at the same time)

**SKATE, ROCK STEP, CROSSING SHUFFLE, SIDE, TOGETHER, SIDE, TOGETHER, SIDE WITH CUBAN HIPS**

- 17 Skate left and rock onto left foot  
18 Rock back onto right foot  
19&20 Cross left foot over right shuffling left, right, left (traveling right)  
21 Step right foot to right side, bending right knee, shifting hips to left side  
22 Step left foot beside right, bending left knee, shifting hips to right side  
23 Step right foot to right side, bending right knee, shifting hips to left side  
& Step left foot beside right, bending left knee, shifting hips to right side  
24 Step right foot to right side, bending right knee, shifting hips to left side

**ROCK STEP,  $\frac{3}{4}$  PIVOT TURN, SLIDE SIDE STEP, HEEL & TOE TOUCHES**

- 25-26 Rock back on left foot and recover weight onto right  
27 Step forward on left  
28 Make  $\frac{3}{4}$  pivot turn right  
29 Step left foot to left side  
30 Sliding right foot touch toe beside left foot  
31 Touch right heel forward  
32 Touch right toe back
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