Princess Of Egypt!

級數: Improver

編舞者: Elke Weinberger (NL)

牆數:4

音樂: Princess of Egypt - E-Type

SIDE, MODIFIED SAILOR ¼ RIGHT TURN, ¾ RIGHT CURVATURE SHUFFLE, ½ LEFT CURVATURE SHUFFLE, MAMBO CROSS 1&2& Step right to right, step left behind right, turn a ¼ right and then step right forward, step left forward 3&4 Step right forward, step left beside right, step right forward During counts 3&4, curve the shuffle gradually so that it completes a 3/4 turn right. You should end up facing 12:00 5&6 Step left forward, step right beside right, step left forward During counts 5&6, curve the shuffle gradually so that it now completes a ½ turn left. You should end up facing 6:00 7&8 Rock right to right, recover weight onto left, cross right over left SIDE TOUCH, TOGETHER TOUCH, SIDE TOUCH, FORWARD COASTER, BACK MAMBO ROCK-TWIST TWICE, 1/4 LEFT BELLY TURNS TWICE 9&10 Touch left toe to left, touch left toe beside right, touch left toe to left 11&12 Step left forward, step right beside left, step left back 13& Rock right back, recover weight onto left (twisting your hips as much as you can) 14& Rock right back, recover weight onto left (twisting your hips as much as you can) 15& Step right forward, roll your hips as you pivot 1/4 turn left (weight ends on left) 16& Step right forward, roll your hips as you pivot 1/4 turn left (weight ends on left) SIDE CHASSE, TOGETHER, SIDE WITH ¼ LEFT TURN, BACK, BELLY THRUSTS, BALL-FORWARD 17&18 Step right to right, step left beside right, step right to right 19-20 Step left beside right, step right to right as make a 1/4 turn left 21 Step left slightly back as you contract your belly in and down hence pushing buttocks back Relax and thrust belly up and forward 22 Contract your belly in and down hence pushing buttocks back Relax and thrust belly up and forward 23 Contract your belly in and down hence pushing buttocks back &24 Step on ball of right beside left, step left forward Alternate steps: dancers who do not wish to do the belly thrusts may opt for hip bumps. PIVOT ½ LEFT TURN, CROSS SAMBA, CROSS SAMBA, SWIVEL WALKS 25-26 Step right forward, pivot ¹/₂ turn left (weight ends on left) 27&28 Cross right over right, step on ball of left to left, step right in place 29&30 Cross left over right, step on ball of right to right, step left in place Swivel walk ("skate") forward on right, left 31-32 CROSS MAMBO, CROSS MAMBO, PIVOT ½ LEFT TURN FORWARD, FULL LEFT TURN SHUFFLE 33&34 Cross rock right over left, recover weight onto left, step right beside left 35&36 Cross rock left over right, recover weight onto right, step left beside right 37-38 Step right forward, pivot ¹/₂ turn left (weight ends on left) 39&40 Traveling forward slightly: step on right, left, right completing a full left turn PIVOT ½ RIGHT TURN, RONDE, LOCK STEPS, FORWARD LOCK STEPS, FORWARD ROCK, **RECOVER, ½ LEFT TURN FORWARD STEP** 41-42 Step left forward, pivot 1/2 turn right (weight remains on left)



拍數: 64

&

&

- 43&44 Sweep right leg around from front to back, lock step right behind left, step left forward
- 45&46 Step right forward, lock step left behind right, step right forward
- 46&48 Rock left forward, recover weight onto right, execute ½ turn left and then step left forward

KICK, FIGURE 4 HOOK, BACK-TOUCH, PIVOT ½ RIGHT, FORWARD, ¼ PIVOT LEFT TURN, CROSS, SCISSORS CROSS

- 49&50 Kick right forward, hook right leg behind left shin making a figure 4, (with right leg fully straighten) touch right toe back
- 51-52 Pivot ¹/₂ turn right as you put weight onto right, step left forward
- 53&54 Step right forward, pivot ¼ turn left, cross right over left
- 55&56 Step left to left, step right beside left, cross left over right

SIDE, ¼ LEFT TURN, TOGETHER, FORWARD MAMBO, BACK MAMBO, SIDE TOUCH, HITCH

- 57-58 Step right o right, execute 1/4 turn left and then step left beside right
- 59&60 Rock right forward, recover weight onto left, step right beside left
- 61&62 Rock left back, recover weight onto right, step left beside right
- 63-64 Touch right toe to right, hitch right knee across left

REPEAT

RESTART

On the 2nd rotation, dance up to the 48th count. Omit the last 16 counts and start dance as usual from count 1. You will begin the 3rd rotation facing 6:00

TAG 1

On the 4th rotation, dance up to the 48th count. Omit the last 16 counts. You should now be facing 12:00. Add in the 4-counts tag immediately followed by the 16-counts bridge. Then start dancing the 5th rotation facing 12:00.

TAG 2

SIDE STEP, DRAG & TOUCH, SIDE STEP, DRAG & TOUCH

- 1-2 Long-step right to right, drag and touch left toe beside right
- 3-4 Long-step left to left, drag and touch right toe beside left

TAG 3

FUN EGYPTIAN WALKS

1-2 Execute 1/4 right turn and then step right forward, lock step left behind right 3&4 Step right forward, lock step left behind right, step right forward & Pivot $\frac{1}{2}$ left turn (weight remains on right) 5-6 Step left forward, lock step right behind left 7&8 Step left forward, lock step right behind left, step left forward & Pivot ¹/₂ turn right (weight remains on left) 9-10 Step right forward, lock step left behind right 11&12 Step right forward, lock step left behind right, step right forward & Pivot ¹/₂ left turn (weight remains on right) 13-14 Step left forward, lock step right behind left 15&16 Step left forward, lock step right behind left, step left forward & Pivot ¹/₄ turn right (weight remains on left) For greater fun during the bridge and adding an essence of the Egyptian moves, on counts 1-4 & 9-12, project right hand (palm-up) forward at eye level and left hand (palm-up) behind at waist level. Change hands for the

vice versa for counts 5-8 & 13-16.