

Prik Khee Noo

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Chen Kuo-Wei (SG)
音樂: Prik Khee Noo - Thongchai McIntyre



Dedication: to Ms Frances Choo who had specially requested for this song, & all those who love Thai food!
"Prik Khee Noo" is a particularly chili hot pepper used abundantly in Thai food especially in the spicy hot "Tom Yum" soup! Dance with a "bouncy" motion throughout

LOCK STEP LEFT AND RIGHT DIAGONALS

- 1-2 Step forward on left diagonal, step right behind left
Arms: both arms stretched towards left diagonal, roll wrists inside out with index fingers close to or touching thumbs. Rest of 3 fingers flicking away, then roll back wrists outside in with all fingers pointing back to you
3-4 Step forward on left diagonal, touch right behind left (same arm movements as above)
5-6 Do a mirror image of counts 1-2 on right diagonal
7-8 Do a mirror image of counts 3-4 on right diagonal

ROCK HALF TURN LEFT, SHUFFLE, ROCKING CHAIR

- 1-2 Rock forward on left, recover on right & ½ turn left
3&4 Shuffle, left foot leading (facing back wall)
5-6 Rock forward on right, recover on left
7-8 Rock back on right, recover on left (weight on left)

RIGHT VINE, CLAP/DIG LEFT HEEL (DO A MIRROR IMAGE ON LEFT)

- 1-2 Step right to right, step left behind right
3-4 Step right to right, dig left heel towards left diagonal & clap
5-6 Step left to left, step right behind left
7-8 Step left to left, dig right heel towards right diagonal & clap

FULL TURN RIGHT, BOUNCE LEFT HEEL, KICK

- 1-2 Step down on right, ½ turn right, step on left
3-4 Step down on right, ½ turn right, stomp left foot to left diagonal 2 feet away (at same time bend upper body forward to left diagonal, left hand turned inwards & on top of left knee, right hand "akimbo" on right hip, with right elbow pointing upwards, look up)
5-7 Bounce left heel thrice (weight on left ball of foot, continue body & arm stance as in count 4)
8 On the last count, straighten body up, transfer weight to right foot & kick left foot towards left diagonal (for attitude, give a yell!)

REPEAT

ENDING

The music ends when you are facing the back wall doing the right & left vines. Please make an attempt to turn ½ right on 2 counts & return to face front wall, at same time clasp your hands together in the traditional "Thai" greeting, "Sawasdee"