

# Pride In The Backstretch

**COPPER** **KNOB**  
BY STEPHEN

拍數: 68      牆數: 4      級數: Intermediate straight rhythm  
編舞者: Horst Wiese (DE)  
音樂: The Race Is On - Sawyer Brown



## HEEL TAPS RIGHT, ¼ MONTEREY TURN RIGHT, HOLD

- 1-4      Stepping right foot to right side, raise right heel and tap it down 4 times
- 5-6      On ball of left pivot ¼ turn right stepping right beside left, touch left to left side
- 7-8      Step left beside right, hold

## 2X ROCK STEP ROCK (RIGHT & LEFT)

- 1-2      Rock forward on right, rock back onto left
- 3-4      Rock forward on right, hold
- 5-6      Rock forward on left, rock back onto right
- 7-8      Rock forward on left, hold

## REPEAT ALL OF THAT

- 17-32      Repeat 1-16

## VINE RIGHT WITH ½ TURN RIGHT, BRUSH, VINE LEFT, ¼ TURN LEFT

- 1-2      Step to the right on right foot, step left foot behind right foot
- 3      On ball of left pivot ¼ turn right & step right foot forward
- 4      On ball of right pivot ¼ turn right & brush right foot forward
- 5-6      Step to the left on left foot, step right foot behind left foot
- 7-8      Step to the left on left foot with ¼ turn left, step right foot forward

## ½ TURN LEFT, ¼ TURN LEFT, BEHIND, ¼ TURN RIGHT, SHUFFLE LEFT, STOMP

- 1      Pivot ½ turn left
- 2      Make ¼ turn left stepping right to right side
- 3-4      Step left foot behind right foot, step right to right side with ¼ turn right
- 5-6      Step left foot forward, slide right foot beside left foot
- 7-8      Step left foot forward, stomp with right foot beside left

## MODIFIED APPLE JACKS

- 1-4      Taking weight on left heel and right toe - twist both toes to the left and then back to center & repeat
- 5-8      Change weight to right heel and left toe - twist both toes to the right and then back to center & repeat
- 9-12      Change weight to left heel and right toe - twist both toes to the left and then back to center & repeat

## JAZZ BOX TWICE

- 1-2      Cross step right over left, step back on left
- 3-4      Step right beside left, step onto left in place
- 5-6      Cross step right over left, step back on left
- 7-8      Step right beside left, stomp onto left in place

## REPEAT

When using the song "Six Days On The Road", leave out counts 9-12 from the "modified apple jacks"