Pride And Joy



編舞者: Annie Saerens (BEL) 音樂: Pride & Joy - Scooter Lee



STEP, TOUCH, STEP, HEEL TOUCH, 1/4 TURN LEFT, FLICK

1-2& Right step forward, left touch behind right foot, step back with left

3-4 Touch right heel forward, ¼ turn to the left on left with a right flick behind

1/4 HEEL GRIND, STEP, COASTER STEP

Fight front heel grind with ¼ turn to right, step back with left foot Step back with right, step left beside right, step forward with right

RIGHT PIVOT TURN ½ (TWICE)

1-2 Left step forward, ½ turn to right on ball of both feet (put weight on right)
3-4 Left step forward, ½ turn to right on ball of both feet (put weight on right)

CROSS STEP, SIDE STEP, WEAVE

5-6 Cross left in front of right, step with right to the side

7&8 Cross left behind right, step with right to the side, cross left in front of right

STEP, HOOK, STEP, ½ TURN RIGHT, HOOK

1-2 Right step to the right, left hook behind right

3-4 Left step to the left, ½ turn to right on left foot with right hook crossing left

SHUFFLE ¼, PIVOT TURN ¼

5&6 Step right with ¼ turn to right, step left beside right, step forward with right

7-8 Step forward with left, turn ¼ to the right on ball of both feet

CROSS STEP, 1/4 STEP, 1/4 TURN SHUFFLE

1-2 Cross left in front of right, ¼ turn to left stepping back on right

3&4 Turn ¼ to left stepping to the side with left, step right beside left, step left to left side

SCUFF, 1/4 TURN, HITCH, STEP, TOUCH WITH KNEE POP, RIGHT KNEE POP

5&6 Scuff right, ¼ turn to left on left foot with right hitch, step to the right with right foot

7-8 Touch left beside right with inside knee pop, right inside knee pop in place

REPEAT