

Pride And Joy

COPPERKNOB
STEPPEDETS

拍數: 64 牆數: 2
編舞者: Sunday Murch (USA)
音樂: Pride & Joy - Scooter Lee

級數: Intermediate west coast swing



DRUNKEN SAILOR RIGHT, TOUCH LEFT BEHIND RIGHT, UNWIND $\frac{3}{4}$, SHUFFLE RIGHT, STEP LEFT PIVOT $\frac{1}{2}$ (WEIGHT STAYS ON LEFT)

1&2 Drunken sailor
3 Touch left behind right
4 Unwind $\frac{3}{4}$
5&6 Shuffle forward
7 Step left
8 Pivot $\frac{1}{2}$ (weight stays on left)

ROCK RIGHT BACK, FRONT, BACK, SHUFFLE FORWARD

1-2 Rock back right
3-4 Rock front right
5-6 Rock back right
7&8 Shuffle forward

WEAVE FRONT, BACK 1-4, ROCK LEFT ACROSS, SHUFFLE SIDE

1-4 Left cross front and cross back and
5-6 Rock left across right
7&8 Shuffle to left side

WEAVE FRONT, BACK 1-4, ROCK RIGHT $\frac{1}{4}$ TURN, PIVOT TO FRONT WALL, SHUFFLE UP

1-4 Right cross front and back and
5 Rock right across left
6 $\frac{3}{4}$ pivot
7&8 Shuffle up

ROCK LEFT FRONT AND SIDE AND FAST VINE, LUNGE RIGHT, RECOVER

1-2 Rock left front
3-4 Rock left side
5&6 Fast vine
7-8 Lunge right recover

STEP RIGHT BEHIND LEFT POP KNEE, STEP LEFT TO SIDE, REPEAT, PIVOT $\frac{1}{4}$, $\frac{1}{4}$

1 Step right behind left, pop knee
2 Step left to side
3 Step right behind left, pop knee, 4 step left to side
5-6 $\frac{1}{4}$ pivot
7-8 $\frac{1}{4}$ pivot

STEP TOGETHER RIGHT, STEP TOGETHER RIGHT, TAP (SHOULDERS MOVE UP AND DOWN), STEP TOGETHER LEFT, STEP TOGETHER LEFT, TAP

1-4 Step together, step together tap
5-8 Repeat

ROCK FRONT, BACK, FULL PIVOT

1-2 Rock front
3-4 Rock back

5-8

Pivot a full turn

REPEAT
