

Pretty Words

拍數: 32 牆數: 4 級數: Beginner
編舞者: Stella Wilden (UK)
音樂: Time Marches On - Tracy Lawrence



ROCK FORWARD LEFT, ROCK BACK, ROCK FORWARD, BRUSH RIGHT, STEP FORWARD RIGHT, ½ TURN LEFT, ROCK FORWARD RIGHT, ROCK BACK

- 1 Rock forward onto left foot (on diagonal right)
- 2 Replace weight onto right foot
- 3 Left foot rock forward (on diagonal right)
- 4 Brush right next to left (to original wall)
- 5 Step forward right foot
- 6 Pivot ½ turn left (weight onto left foot)
- 7 Rock forward onto right foot (on diagonal left)
- 8 Replace weight onto left foot

ROCK STEP, BRUSH, CROSS, RIGHT, BEHIND, RIGHT, ROCK STEP

- 1 Rock forward onto right foot (on diagonal left)
- 2 Brush left foot next to right foot
- 3 Cross left foot over right into lock (you are still on the diagonal)
- 4 Step right foot back (option this can also be done as a vine)
- 5 Left foot step back on the diagonal
- 6 Step right foot side right
- 7 Rock step left over right (on diagonal right)
- 8 Replace weight onto right

ROCK FORWARD, BRUSH RIGHT, STEP FORWARD RIGHT, ½ TURN LEFT, ROCK STEP, ROCK FORWARD, BRUSH

- 1 Rock forward onto left foot (on diagonal right)
- 2 Brush right next to left (to original wall)
- 3 Step forward on right foot (weight onto left foot)
- 4 Pivot ½ turn left (weight onto left foot)
- 5 Rock forward onto right foot (on diagonal left)
- 6 Replace weight onto left foot
- 7 Rock forward onto right foot (on diagonal left)
- 8 Brush left foot next to right foot

CROSS, STEP RIGHT, BEHIND, ¼ RIGHT, STEP, ½ TURN, STEP FORWARD LEFT, RIGHT

- 1 Cross left foot over right into lock (still on the diagonal)
- 2 Step right side right
- 3 Left foot step back on diagonal (option this can be done as a vine)
- 4 Step right foot ¼ turn right
- 5 Step forward on left foot
- 6 Pivot ½ turn right
- 7 Step forward left foot
- 8 Step forward right foot

REPEAT