

Pretty Baby

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: The Lady In Black (UK) & Bill McGee (USA)
音樂: No More Pain And Lies - Chris Moutas



STEP, ROCK STEPS TWICE, ROCKS FORWARD & BACK, PIVOT ½ TURN LEFT, TAP WITH HIP BUMP

- 1-2& Step right on right, rock left behind right, step in place on right
- 3-4& Step left on left, rock right behind left, step in place on left
- 5&6 Rock forward on right, replace weight on left, rock back on right
- &7-8 Replace weight on left, step forward on right turning ½ turn left, tap left toe forward as you bump right hip up and back

STEP FORWARD LEFT, ¼ TURN LEFT, HIPS BUMPS, TOE TAPS WITH HIPS SWAYS

- 1-2& Step forward on left, step forward on right turning ¼ turn left pushing right hip to right, push left hip left
- 3&4 Push right hip to right, push left hip to left, turn ¼ turn left pushing right hip right and touching left toe forward
- &5-6 Tap left toe forward, tap left toe forward even further swaying left hip forward, shift weight back to right pushing right hip back
- &7-8 Tap left toe forward, tap left toe forward even further swaying left hip forward, shift weight back to right pushing right hip back

SWEEPS, STEP LEFT, HIPS BUMPS, HITCH, ¼ TURN RIGHT, LOCK STEPS

- 1 Sweep-step left foot back (in a circular motion to the left) ending with weight on left
- 2 Sweep-step right foot back (in a circular motion to the right) ending with weight on right
- 3&4 Step left to left pushing left hip to left, push right hip right, step left to left pushing left hip to left hitching right knee
- 5&6 Step forward on right turning ¼ turn right, lock step left up behind right, step forward on right
- 7&8 Step left forward, turn ½ turn right shifting weight to right foot, step forward on left

WALKS FORWARD, MAMBO RIGHT & LEFT, ROCK STEP, STEP TOGETHER

- 1-2 Step forward on right across left, step forward on left across right
- 3&4 Rock right out to the right side, recover weight to left, step right next to left
- &5 Rock left out to left side, recover weight to right
- &6 Step left next to right, rock back on right (fifth position)
- &7-8 Step in place on left, step forward on right, step left next to right

REPEAT
