A Present Waltz



拍數: 48 編數: 4 級數: Intermediate waltz

編舞者: Kash Bane (UK)

音樂: Feels Like Today - Rascal Flatts



SPIRALS, TWINKLE, TWINKLE WITH 1/4 TURN

1-3 Step left foot over right, rock right foot out to right side, recover onto left
4-6 Step right foot over left, rock left out to left side, recover onto right

7-9 Cross left over right, step right back and to the right, step left foot back and to the left
10-12 Cross right over left, make a ¼ turn right stepping left back and to left side, step right back

and to right side

SPIRALS, TWINKLE, TWINKLE WITH 1/4 TURN

1-12 Repeat steps 1-12

BASIC WALTZ FORWARD, BASIC WALTZ BACK, FULL TURN, RAISING STEP WITH 1/8 TURN

1-3 Step left foot forward, step right next to left, step left in place

4-6 Step right foot back, step left foot next to right, step right foot in place

7-9 Do a ¼ turn over left shoulder stepping forward, do a ½ turn over left shoulder stepping right

back, do a ¼ turn over left shoulder stepping left to left side

10-12 Step forward towards left diagonal on right foot, over the next two counts raise up onto toes

BASIC WALTZ FORWARD WITH 1/8 TURN, BASIC WALTZ BACK WITH 1/2 TURN, LUNGE, SLIDE

1-3 Step forward on left foot making a 1/8 turn left(squaring up to new wall), step right together,

step left in place

4-6 Step right back making a ½, step left next to right, step right in place

7-9 Lunge forward on left foot and hold

10-12 Slide left foot back to right (do not put weight onto left foot)

REPEAT