

# Precious Time

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Julie Easter (UK)  
音樂: Precious Time - Van Morrison



## SHUFFLE FORWARD, ROCK FORWARD, SHUFFLE BACK, ROCK BACK

1&2      Shuffle forward, right, left, right  
3-4      Rock forward on left foot, rock back onto right foot  
5&6      Shuffle back, left, right, left  
7-8      Rock back on right foot, rock forward onto left foot

## VINE RIGHT, HOOK & SLAP, VINE LEFT, HOOK & SLAP

9-11      Step right to right side, cross left behind right, step right to right side  
12      Hook left leg behind right knee and slap left foot with right hand  
13-15      Step left to left side, cross right behind left, step left to left side  
16      Hook right leg behind left knee and slap right foot with left hand

## QUARTER TURN WITH KICK, STEP BACK & TOUCH TWICE

17-18      Step right foot to right side pivoting  $\frac{1}{4}$  turn to right, kick left foot forward  
19-20      Step back on left, touch right next to left  
21-22      Step right foot to right side pivoting  $\frac{1}{4}$  turn to right, kick left foot forward  
23-24      Step back on left, touch right next to left

## STEP TO RIGHT, HALF TURNS TWICE, STEP FORWARD, HOOK & SLAP

25-26      Step right to right side, clap while holding for one count  
27-28      Pivot  $\frac{1}{2}$  turn to right on right foot stepping left next to right, clap while holding for one count  
29-30      Pivot  $\frac{1}{2}$  turn to left on left foot stepping right next to left, clap while holding for one count  
31-32      Step forward on left foot, hook right leg behind left knee and

**slap right foot with left hand**

**Alternative for steps 31-32 - coaster step, step back on left, close right to left, step forward on left foot**

**REPEAT**