

Precious Time

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Beth Webb (USA)
音樂: Precious Time - Van Morrison



SHUFFLE, STEP TURN, SHUFFLE, ROCK STEP

1&2 Right shuffle moving forward (right-left-right)
3-4 Step forward with left making ½ turn to right
Weight ends on right
5&6 Left shuffle moving forward (left-right-left)
7-8 Step forward with right, rock back on to left

TURNING JAZZ BOX WITH TOE STRUTS

1-2 Cross right over left, toe down first then heel. Snap fingers on count two while stepping down on heel
3-4 Step back left, toe down first then heel. Snap fingers on count four while stepping down on heel
5-6 Step to right with right foot while making ¼ turn to left, toe first then heel. Snap fingers on count 6 while stepping down on heel
7-8 Step left next to right, toe first then heel. Snapping fingers on count four while stepping down on heel

KICK BALL CHANGES, ¼ TURNS

1&2 Kick right forward, step quick on ball of right, step left
3-4 Step forward right, make ¼ turn to left
Weight ends on left
5&6 Kick right forward, step quick on ball of right, step left
7-8 Step forward right, make ¼ turn to left

Weight ends on left

STEP HOLDS, WALK FORWARD WITH THREE STEP TURN MOVING FORWARD

1-2 Step forward right, hold
&3-4 Quick step forward left, step forward right, hold
&5-6 Quick step forward left, step forward right, step forward left while making a ¼ turn to left
7-8 Step side right to right while making ½ turn to left, step side left with ¼ turn

If you do not wish to turn, simply walk forward left, right, left on counts 6,7,8

REPEAT