

Pre Party

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Maurice Rowe (USA)
音樂: All the Way - Craig David



WALK RIGHT, LEFT; HALF TURN RIGHT SAILOR; LEFT CROSS ROCK AND RONDÉ, ¼ TURN TO LEFT, BEHIND, SIDE, CROSS

- 1-2 Walk forward on right, walk forward on left
3&4 Step right behind left turning ¼ to the right, step right next to left turning ¼ to the right, step left next to right
5&6 Cross rock left over right, recover onto right and sweep left around to left turning ¼ to left on ball of right foot (no weight on left on count 6)
7&8 Step on left behind right, step to right on right, step left across right (3:00)

STEP SIDE & TOE SPLIT; BALL WALK, WALK; SYNCOPATED ROCK, RECOVER WITH ½ TURN; CHASE TURN TO RIGHT

- 1&2 Step right to right side, with weight on both heels, split toes apart and bring toes back together
&3-4 Rock back on ball of left, recover on right and walk forward on left
5&6 Rock forward on right, recover onto left, turn ½ turn over right shoulder and step onto right
7&8 Step forward on left, turn ½ turn over right shoulder and step onto right, step forward on left (3:00)

RIGHT KICK, BALL, CHANGE; SIDE STEP AND TOUCH; LEFT KICK, BALL, CHANGE; SIDE STEP AND TOUCH

- 1&2 While angling body to right diagonal, kick right forward, step right down, step left beside right
3-4 Take a big step to right on right, drag left and touch left beside right, turning to left diagonal
5&6 While angling body to left diagonal, kick left forward, step left down, step right beside left
7-8 Take a big step to left on left, drag right and touch right beside left, squaring to the wall at (3:00)

JUMP BACK RIGHT, LEFT AND HIP BUMPS TWICE; FORWARD COASTER STEP; BACKWARD COASTER STEP

- &1&2 Jump back right, left (feet shoulder width apart), hip bumps right, left
Easier steps: jump back on &1, hold on counts &2
&3&4 Jump back right, left (feet shoulder width apart); quick hip bumps right, left
Easier steps: jump back on &3, hold on counts &4
5&6 Step forward on right, step forward on left, step back on right
7&8 Step backward on left, step backward on right, step forward on left (3:00)

REPEAT

A big thank you to Sandy Albano for writing the step sheet