Praying For Daylight



拍數: 64 牆數: 4 級數:

編舞者: Marg Jones (CAN)

音樂: Prayin' for Daylight - Rascal Flatts



Start on count 33 after they sing "ooh, ooh"

This stepsheet has been written using the count as 184 bpm. (double time)

RIGHT TOE, HEEL, CROSS, HOLD; LEFT TOE, HEEL, CROSS, HOLD

1-2 Touch right toe in towards left instep; touch right heel in towards left instep

3-4 Step on right across front of left; hold

5-6 Touch left toe in towards right instep; touch left heel in towards right instep

7-8 Step on left across front of right; hold

ROCK, RECOVER, CROSS, HOLD, BOUNCE X 3 TURNING 1/4 LEFT; HOLD

9-10 Rock right to right, recover weight onto left

11-12 Step right across left; hold

13-16 Bounce heels 3 times while turning ¼ left; hold

CROSSING SHUFFLE, HOLD; SCISSORS; HOLD

17-18 Step left across right; step right to right

19-20 Step left across right; hold

21-22 Step right to right; step left across behind right

23-24 Step right across front of left; hold

STEP, BUMP HIPS LEFT, RIGHT, LEFT; HOLD; CROSS, UNWIND; HOLD

25-28 Step left to left while bumping hips to left, right, left; hold

29-32 Step on right across left; unwind ½ turn to left; hold (weight ends on right foot)

LEFT TOUCH SIDE, FRONT, SIDE; HOLD; SAILOR; HOLD

33-36 Touch left toe to left side, front, side; hold

37-40 Swing left around behind right; step right to right; step on left; hold

RIGHT TOUCH SIDE, FRONT, SIDE; HOLD; SAILOR; HOLD

41-44 Touch right toe to right side, front, side; hold

Swing right around behind left; step left to left; step on right; hold

STEP; HOLD; PIVOT 1/2 RIGHT; HOLD; HEELS OUT, IN, OUT; HOLD

49-52 Step forward on left; hold; pivot ½ right, ending weight on both feet; hold

53-56 With right slightly head of left, swivel both heels out, in, out; hold

RIGHT COASTER BACK; HOLD; LEFT COASTER FORWARD; HOLD

57-60 Step back on right; step back on left; step forward on right; hold 61-64 Step forward on left; step forward on right; step back on left; hold

REPEAT

TAG

This is simply the first 8 counts of the dance. Add it twice after wall 2 and once after wall 5. RIGHT TOE, HEEL, CROSS, HOLD; LEFT TOE, HEEL, CROSS, HOLD

1-2 Touch right toe in towards left instep; touch right heel in towards left instep

3-4 Step on right across front of left; hold