

Pray For Love

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Teresa Lawrence (UK), Vera Fisher (UK) & The Lady In Black (UK)
音樂: Pray for Love - Vanessa Amorosi



DIG BALL CROSS, WHOLE TURN RIGHT, CHASSE, ROCK AND SIDE

- &1&2 Rock back diagonally right on right, dig left heel diagonally forward left, bring left to place, cross right over left
3-4 Make a ½ turn right stepping back on left, make ½ turn right finishing by stepping forward on right

This is a full turn right traveling slightly to left side, just do the full turn as comfortable as possible

- 5&6 Chasse to left side
7&8 Rock back on right, replace weight on left, step right to right side (finish at 12:00 wall)

SAILOR CROSS, ROCK ¼ TURN, TRIPLE ½ TURN LEFT, ROCK BACK REPLACE

- 1&2 Cross left behind right, step right to right side, cross left over right
3-4 Rock right to right side, make ¼ turn left stepping forward on left (9:00 wall)
5&6 Make ½ turn left stepping right, left, right traveling slightly back towards 9:00 wall
7-8 Rock back on left, replace weight on right

2 "ATTITUDE" WALKS, ROCK ¼ TURN, 2 "ATTITUDE" WALKS, ROCK ¼ TURN

- 1-2 Walk forward left, right (these walks should be done with loads of attitude, go for it!)
3&4 Rock left to left side, making ¼ turn right replace weight stepping forward on right, step forward on left
5-6 Walk forward right, left (these walks should be done with loads of attitude, go for it!)
7&8 Rock right to right side, making ¼ turn left replace weight stepping forward on left, step forward on right

ROCK ½ TURN LEFT, STEP FORWARD WITH 1 ¼ SPIN LEFT WITH HOOK, CROSS SHUFFLE

- 1-2 Rock forward on left, replace weight on right
3&4 Make ½ turn left stepping left, right, left
5-6 Step forward on right, spin 1 ¼ turn left bringing left leg into hook position in front of right leg
Option for non turners, step forward on right, pivot ¼ turn left placing weight on right
7&8 Cross left over right, step right to right side, cross left over right

TOUCH CROSS UNWIND BALL CHANGE, TURNING TOE SWITCHES

- 1-3 Touch right toe to right side, cross right over left, unwind ½ turn left finishing with weight on right
&4 Rock back on left, replace weight on right
5&6&7&8& Make ½ turn right while doing forward toe switches left & right & left & right & weight should end up on right

CHASSE AND ROCK, BALL CHANGE, HOLD, UNWIND

- 1&2 Chasse to left side
3-4 Rock back on right, replace weight on left
&5-6 Step right to right side, cross left over right, hold
7-8 Unwind ¾ turn right finishing with weight on right

HIP BUMPS, COASTER, TOUCH HITCH TURN TOUCH HITCH, SAILOR CROSS

- 1&2 Touching left toe forward to left diagonal bump hips left, right, left
3&4 Left coaster step

5&6& Touch right toe forward, hitch right knee while making $\frac{1}{4}$ turn right, touch right toe forward, hitch right knee

7&8 Cross right behind left, step left to left side, cross right over left

STEP SLIDE, STEP SLIDE, BALL CHANGE, JAZZ BOX

1-4 Step left out to left side, touch right toe next to left, step right out to right side, touch left toe next to right

&5 Rock back on left, replace weight on right

6-8 Cross left over right, step back on right, step left to left side

REPEAT

BIG FINISH

When using the Pray For Love track the dance lasts 6 walls. You will finish at the front. At the end of the track, Vanessa sings "Pray for love". Try throwing your arms up into the air. Look up & hold. It look & feels very dramatic!
