Pray For Love



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Teresa Lawrence (UK), Vera Fisher (UK) & The Lady In Black (UK)

音樂: Pray for Love - Vanessa Amorosi



DIG BALL CROSS, WHOLE TURN RIGHT, CHASSE, ROCK AND SIDE

&1&2 Rock back diagonally right on right, dig left heel diagonally forward left, bring left to place,

cross right over left

3-4 Make a ½ turn right stepping back on left, make ½ turn right finishing by stepping forward on

right

This is a full turn right traveling slightly to left side, just do the full turn as comfortable as possible

5&6 Chasse to left side

7&8 Rock back on right, replace weight on left, step right to right side (finish at 12:00 wall)

SAILOR CROSS, ROCK 1/4 TURN, TRIPLE 1/2 TURN LEFT, ROCK BACK REPLACE

1&2	Cross left behind right, step right to right side, cross left over right
3-4	Rock right to right side, make 1/4 turn left stepping forward on left (9:00 wall)
5&6	Make ½ turn left stepping right, left, right traveling slightly back towards 9:00 wall
7-8	Rock back on left, replace weight on right

2 "ATTITUDE" WALKS, ROCK 1/4 TURN, 2 "ATTITUDE" WALKS, ROCK 1/4 TURN

1-2	Walk forward left, right (these walks should be done with loads of attitude, go for it!)
3&4	Rock left to left side, making 1/4 turn right replace weight stepping forward on right, step
	forward on left
5-6	Walk forward right, left (these walks should be done with loads of attitude, go for it!)
7&8	Rock right to right side, making 1/4 turn left replace weight stepping forward on left, step
	forward on right

ROCK ½ TURN LEFT, STEP FORWARD WITH 1 ¼ SPIN LEFT WITH HOOK, CROSS SHUFFLE

1-2	Rock forward on left, replace weight on right
3&4	Make ½ turn left stepping left, right, left

5-6 Step forward on right, spin 1 ¼ turn left bringing left leg into hook position in front of right leg

Option for non turners, step forward on right, pivot ¼ turn left placing weight on right 7&8 Cross left over right, step right to right side, cross left over right

TOUCH CROSS UNWIND BALL CHANGE, TURNING TOE SWITCHES

1-3 Touch right toe to right side, cross right over left, unwind ½ turn left finishing with weight on

right

&4 Rock back on left, replace weight on right

5&6&7&8& Make ½ turn right while doing forward toe switches left & right & left & right & weight should

end up on right

CHASSE AND ROCK, BALL CHANGE, HOLD, UNWIND

1&2	Chasse to left side
3-4	Rock back on right, replace weight on left
&5-6	Step right to right side, cross left over right, hold
7-8	Unwind 3/4 turn right finishing with weight on right

HIP BUMPS, COASTER, TOUCH HITCH TURN TOUCH HITCH, SAILOR CROSS

1&2 Touching left toe forward to left diagonal bump hips left, right, left

3&4 Left coaster step

Touch right toe forward, hitch right knee while making ¼ turn right, touch right toe forward,

hitch right knee

7&8 Cross right behind left, step left to left side, cross right over left

STEP SLIDE, STEP SLIDE, BALL CHANGE, JAZZ BOX

1-4 Step left out to left side, touch right toe next to left, step right out to right side, touch left toe

next to right

&5 Rock back on left, replace weight on right

6-8 Cross left over right, step back on right, step left to left side

REPEAT

BIG FINISH

When using the Pray For Love track the dance lasts 6 walls. You will finish at the front. At the end of the track, Vanessa sings "Pray for love". Try throwing your arms up into the air. Look up & hold. It look & feels very dramatic!