

Pray

拍數: 32 牆數: 2 級數: Improver
編舞者: EmCee (UK)
音樂: I Pray - Louise



TOUCH STEP, STEP TURN STEP, STEP TURN STEP, STEP, INPLACE, CROSS

1-2 Touch left to left side, step left behind right
3&4 Step on right, ½ turn left step on left, step forward on right
5&6 Step forward on left, ½ turn right step on right, step forward on left
7&8 Step forward on right, step left in place, cross right in front of left

STEP, BEHIND, CROSS SIDE CROSS, SIDE, BACK, CROSS SIDE CROSS

1-2 Step back on left, step right behind left facing right diagonal
3&4 Cross left in front of right, step right to side, cross left in front of right(traveling diagonally backwards)
5-6 Facing front step back on right, step left to side facing left diagonal
7&8 Cross right in front of left, step left to left side, cross right in front of left(traveling diagonally backwards)

This is effectively ¼ turn right on count 2, ½ turn left on count 6 allowing sweeping movement with arms

BACK, ¼ TURN STEP, SHUFFLE, ¾ TURN STEP STEP, CROSS SHUFFLE

1-2 Facing front step back on left, ¼ turn right step on right
3&4 Forward shuffle left, right, left
5-6 Step forward on right, ¾ turn left step on left
7&8 Cross right in front of left, left to left side, cross right in front of left

Beginners may prefer step pivot ½ left on 5, 6 ¼ turning left shuffle cross on 7&8

STEP TOUCH, LOCK STEP FORWARD, FORWARD COASTER, BACK COASTER

1-2 Step forward on left, touch right next to left
3&4 Step forward on right, lock left behind right, step forward on right
5&6 Step forward on left, step right in place, step back on left
7&8 Step right back, step left in place, step right forward

REPEAT

RESTART

During 4th repetition after count 16 (back wall), and facing back wall after 7th repetition

1-2 Touch left in front of right, step on left
3-4 Touch right in front of left, step on right
5-6 Touch left in front of right, step on left
7-8 Touch right in front of left, step back on right