

Powerless

拍數: 32 牆數: 4 級數: Improver
編舞者: Phill Morris
音樂: Watching My Baby Not Coming Back - David Ball



SIDE TOGETHER, SIDE SHUFFLE, CROSS ROCK, SHUFFLE ¼ TURN

1-2 Step right foot to right side, drag left foot into place beside right (weight left foot)
3&4 Step right foot to right side, bring left in place beside right, step right foot to right side
5-6 Cross left foot in front of right, replace weight back onto right foot
7&8 Step left to left side, step right beside left, step left to left side turning a ¼ turn left

MODIFIED JAZZ BOX, HEEL AND TOE TOUCHES, LEFT SHUFFLE FORWARD

1-2 Cross right foot over left, step left foot back
3-4 Step right foot slightly to right side, touch left toe out to left side
5-6 Touch left heel forward, touch left toe back
7&8 Step forward on left, slide right foot beside left, step forward on left foot

HEEL DIG TWICE, COASTER STEP, HEEL DIG TWICE, COASTER STEP

1-2 Dig right heel forward, dig right heel out to right side
3&4 Step back on right foot, bring left in place beside right, step forward on right foot
5-6 Dig left heel forward, dig left heel out to left side
7&8 Step back on left foot, bring right foot in place beside left, step forward on left foot

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK CROSS SHUFFLE

1-2 Rock right foot out to right side, replace weight on left foot
3&4 Cross right foot over left, step left foot up to right, cross right foot in-front of left
5-6 Rock left foot out to left side, replace weight back onto right foot
7&8 Cross left foot over right, step right foot up to left, cross left foot over right

REPEAT
