

The Power

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Simon Ward (AUS)
音樂: The Power Of Love - J.C. Jones



Take your time while dancing this dance as it is slow and you do have plenty of time to do the steps. The dance takes a little while to get used to, but it does feel good to do so stick with it. Thank you to Warren & Jean O'Leary of Gone Country who led me to this song.

- 1&2 Rock right forward, rock left back turning $\frac{1}{2}$ right, complete $\frac{1}{2}$ turn right & step right forward
3&4 Step left forward, pivot $\frac{1}{2}$ turn right taking weight onto right, step left forward
5&6 Rock right forward, rock left back turning $\frac{1}{2}$ right, complete $\frac{1}{2}$ turn right & step right forward
7&8 Step left back, step right beside left, step left forward (coaster step)
- 9-10 Step right forward, pivot $\frac{1}{4}$ turn left taking weight onto left
&11-12 Slightly step right forward turning $\frac{1}{2}$ turn left, rock left back, rock right forward
&13-14 Slightly step left forward turning $\frac{1}{2}$ turn right, rock right back, rock left forward
&15-16 Slightly step right forward turning $\frac{1}{4}$ turn left, rock left back, rock right forward
- 17-18 Step left-right turning a full turn right & traveling slightly forward
&19-20 Step left slightly forward, step right back at 45 degrees right sliding left towards right, step left across in front of right
&21-22 Step right slightly back at 45 degrees right, step left back at 45 degrees left sliding right towards left, step right across in front of left
&23&24 Step left slightly back at 45 degrees left, step in place right-left-right & turn a full turn right
- 25-26& Rock left forward, rock right back, step left beside right
27-28& Rock right forward, rock left back, step right beside left
29-30 Step left forward, pivot $\frac{1}{4}$ turn right taking weight onto right
31&32 Cross/step left over right, step right back turning $\frac{1}{4}$ left, step left forward turning $\frac{1}{2}$ left

REPEAT
