

# The Power Of Music

拍數: 80                      牆數: 2                      級數: Improver  
編舞者: Amos Ghui  
音樂: Let The Music Heal Your Soul - Bravo Allstars



The choreographer was age 10 when this dance was written  
Special thanks to my mother, Vivien Ler for her valuable ideas

## DRAG, TOUCH, SAILOR STEP, COASTER STEP, SAILOR ½

1-2                      Step right long step to side, touch left beside right  
3&4                      Cross left behind right, step right slight in front of left, step left together (sailor step)  
5&6                      Step right behind left, step left slight in front of right, step right together  
7&8                      Cross left behind right with ½ turn, step right slight in front of left, step left together

## FULL TURN, SHUFFLE, ROCK, ROCK, ½ SHUFFLE

1-2                      Step right forward turning ½ turn left, step left forward making a ½ turn left  
3&4                      Right forward shuffle, right-left-right  
5-6                      Rock left forward, recover on left  
7&8                      Do a ½ turn shuffle turning left, left-right-left

## ROCK, ROCK, COASTER STEP, SYNCOPATED VINE LEFT

1-2                      Rock right forward, recover on left  
3&4                      Step right behind left, step left slight in front of right, step right together (coaster step)  
5-6                      Step left to side, cross right behind left  
&7-8                      Quick step left to side, cross right over left, step left together

## FUNNY ROCKS, FUNNY ROCKS

1&                      Rock right behind left, recover on left  
2&                      Rock right to side, recover on left  
3&4                      Rock right behind left, recover on left, step right to side  
5&6&7&8                      Repeat last 4 counts starting on left

## ROCK BEHIND, FORWARD SHUFFLE, ROCK FORWARD BACK TOUCH

1-2                      Rock right behind, recover on left  
3&4                      Right forward shuffle, right-left-right  
5-6                      Rock right forward, recover back on left  
7-8                      Step right back, touch left slight in front of left

## SYNCOPATED VINE RIGHT, FUNNY ROCKS

1-2                      Step right to side, cross left behind left  
&3-4                      Quick step right to side, cross left over right, step right together  
5&                      Rock left behind right, recover on right  
6&                      Rock left to side, recover on right  
7&8                      Rock left behind right, recover on right, step left to side

## REPEAT LAST 4 COUNTS ON RIGHT, ROCK, ROCK, ½ SHUFFLE

1&2&3&4                      Repeat last 4 counts on right  
5-6                      Rock left forward, recover on right  
7&8                      Do a ½ turn shuffle left, left-right-left

## TRIPLE FULL TURNS FORWARD AND BACK, ROCK, ROCK, FORWARD SHUFFLE

- 1&2 Step right forward turning ½ turn left, step left forward making ½ turn left, step right forward (weight on right)
- 3&4 Step left back turning ½ turn right, step right back turning ½ turn right, step left behind (weight on left)
- 5-6 Rock right back, recover on left
- 7&8 Right forward shuffle, right-left-right

**ROCK, ROCK, ½ SHUFFLE, TOUCH CROSSES**

- 1-2 Rock left forward, recover on right
- 3&4 Do a ½ turn shuffle left, left-right-left
- 5-6 Touch right to side, cross right over left
- 7-8 Touch left to side, cross left over right

**CROSS BEHIND UNWIND, KICK BALL TOUCH, TRIPLE FULL FORWARD, REPEAT**

- 1-2 Cross right behind left, turn ½ right
- 3&4 Kick left out, step left together, touch right together
- 5&6 Step right forward turning ½ turn left, step left forward turning ½ turn left, step right forward (weight on right)
- 7&8 Repeat last 2 steps starting on left

**Optional: instead of doing triple turns, you may do 2 forward shuffles, right-left-right, left-right-left**

**REPEAT**

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