

Pow! (Pioneers Out West)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gaye Teather (UK)
音樂: Owe Them More Than That - Tim McGraw & Kenny Rogers



This song and dance is a tribute to Hank Williams, Lefty Frizzell, Marty Robbins and Waylon Jennings - 4 of the greatest Pioneers of country music

HEEL ROCK, COASTER CROSS, SIDE HEEL TOUCH, ¼ TURN, COASTER STEP

1-2 Rock forward on right heel, recover onto left foot
3&4 Step back on right, step left beside right, cross right over left
5-6 Touch left heel to left side, pivot ¼ turn left keeping weight on right foot
7&8 Step back on left, step right beside left, step forward on left

TURN, CHASSE ¼ TURN RIGHT, TURN CHASSE ¼ TURN LEFT, STEP ½ TURN LEFT, SHUFFLE ½ TURN LEFT

& On ball of left foot, pivot ¼ left
9&10 Step right to right, step left beside right, step right ¼ turn right
& On ball of right foot, pivot ¼ right
11&12 Step left to left, step right beside left, step left ¼ turn left (9:00)
13-14 Step forward on right, pivot ½ turn left
15&16 Shuffle half turn left stepping right, left, right (9:00)

BACK, ½ TURN RIGHT, LEFT LOCK FORWARD, SIDE, CLOSE, RIGHT LOCK BACK

17-18 Step back on left, make ½ turn right stepping forward on right (3:00)
19&20 Step left forward, lock right behind left, step left forward
21-22 Step right to right, close left beside right
23&24 Step back on right, lock left over right, step back on right

LEFT SAILOR STEP, RIGHT SAILOR TURNING ¼ RIGHT, SYNCOPATED SIDE ROCK, WEAVE RIGHT, ¼ TURN RIGHT, STEP

25&26 Step left behind right, step right to right, step left to left
27&28 Step right behind left, make ¼ turn right stepping left to left, step right to right
29&30 Rock left to left, recover onto right, cross left over right
& Step right to right
31&32 Step left behind right, step right ¼ turn right, step forward on left

REPEAT

RESTART

On wall 4, (3:00) dance up to step 20 and start dance again from the beginning. you will be facing back wall (6:00) when you do the restart.