

Potluck 2-Step (P)

COPPER KNOB
BY STEPHENETS

拍數: 37 牆數: 0 級數: Partner
編舞者: Sal Gonzalez (USA) & Diane Gonzalez (USA)
音樂: Any medium 2-step



Position: Couples start standing side by side facing LOD, with man on the right, outside of the circle and lady on the left, inside the circle, holding inside hands
This dance has 12 Two-Step basics. The Two-Step basic is quick-quick-slow-slow, with the man stepping left-right-left-right and the lady stepping right-left-right-left.

CHANGE SIDES

- 1&2-3 (Q,Q,S,S) Man goes behind lady, lady goes in front of man. Man offers right hand on first slow, switches hands on second slow
4&5-6 (Q,Q,S,S) Man goes in front of lady and lady goes behind man. Hand switch on second slow
7&8-9 (Q,Q,S,S) Man goes behind lady. Lady goes in front of man. Hold on to both hands so you are facing each other on the last slow

STROLLS (VINES WITH LADY LEAD, SWITCH)

- 10&11-12 (Q,Q,S,S) Both vine side, behind, side, front
13&14-15 (Q,Q,S,S) Man vines side behind, side, front. Lady vines side, behind, side, touch (touching left next to right)

STROLLS -- CHANGE PARTNERS

Man goes to the left, lady goes to the right. Lady will start with right foot.

- 16&17-18 (Q,Q,S,S) Both vine side, behind, side, front
19&20-21 (Q,Q,S,S) Man vines side, behind, side, front. Lady vines side, behind, side, touch (touching right next to left)

WRAP-UP POSITION

- 22&23-24 (Q,Q,S,S) Man goes behind lady (holding both hands), lady goes in front of man

BASIC PATTERN INTO A HAMMERLOCK POSITION

Lead on first slow into hammerlock position

- 25&26-27 (Q,Q,S,S)
28&29-30 (Q,Q,S,S) Both travel back set to turn on first slow with lead on second slow into a hammerlock position. It will take two basics for this move

PINWHEEL

- 32&33-34 (Q,Q,S,S) Both go forward to circle and switch sides

SWITCH SIDES

- 35&36-37 (Q,Q,S,S) Man goes under his own left arm in front of lady (offer right hand to start over). Lady goes behind man to switch sides

REPEAT
