

The Posse Strut

COPPER KNOB
STEPPERS

拍數: 40 牆數: 4 級數: Beginner
編舞者: Vera Brown (USA)
音樂: Meant to Be - Sammy Kershaw



HEEL TOUCHES, RIGHT HOOK COMBINATION

- 1 Touch right heel forward
- 2 Step right foot next to left
- 3 Touch left heel forward
- 4 Step left foot next to right
- 5 Touch right heel forward
- 6 Cross right foot up and in front of left knee
- 7 Touch right heel forward
- 8 Touch right toe next to left foot

RIGHT VINE WITH TOE TOUCH, HIP BUMPS

- 9 Step right foot to the right
- 10 Cross/step left foot behind right
- 11 Step right foot to the right
- 12 Touch left toe next to right foot
- 13 Bump left hips to the left
- 14 Bump left hips to the left
- 15 Bump right hips to the right
- 16 Bump right hips to the right

LEFT VINE WITH TOE TOUCH, HIP BUMPS

- 17 Step left foot to the left
- 18 Cross/step right foot behind left
- 19 Step left foot to the left
- 20 Touch right toe next to left foot
- 21 Bump right hips to the right
- 22 Bump right hips to the right
- 23 Bump left hips to the left
- 24 Bump left hips to the left

FORWARD STRUTS

- 25 Step right heel forward
- 26 Step down onto ball of right foot (weight on right foot)
- 27 Step left heel forward
- 28 Step down onto ball of left foot (weight on left foot)
- 29 Step right heel forward
- 30 Step down onto ball of right foot (weight on right foot)
- 31 Step left heel forward
- 32 Step down onto ball of left foot (weight on left foot)

FORWARD STEP, TOUCH, ¼ LEFT, STEP, KNEE POPS

- 33 Step right foot forward
- 34 Touch left toe next to right
- 35 Step left foot back into ¼ turn to the left
- 36 Step right foot next to left
- 37 Raise left heel off the floor while dropping weight to right heel

- 38 Raise right heel off the floor while dropping weight to left heel
- 39 Raise left heel off the floor while dropping weight to right heel
- 40 Raise right heel off the floor while dropping weight to left heel

REPEAT
