

Pop Ya Collar

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Guyton Mundy (USA)
音樂: Pop Ya Collar - Usher



SCUFF, CROSS HITCH, ¼ TURN, HITCH, SIDE STEP, DRAG, SAILOR, SCUFF CROSS, KNEE POPS

- 1&2 Scuff left foot forward, hitch left foot up in front of right leg, bring left back down beside right while making a ¼ turn to the left (with weight still on right foot)
- &3-4 Hitch left up, step down on left big step to left, drag right into left
- 5&6 Step right behind left, step together with left, step forward on right
- &7 Scuff left foot forward, cross left over right ending in a cross foot position
- &8 While bending knees forward lift heels up, straiten legs while putting heels down (with weight ending on right)

COASTER, KICK BALL STEP, TOE SWIVELS WITH ¼ TURN, HEEL SWIVELS WITH ¼ TURN, SCUFF CROSS

- 1&2 Step back on left (lift left foot up and back to get over right foot) step together with right, step left forward
- 3&4 Kick right forward, step right beside left, step forward on left (ending with weight even)
- 5-6 Bring left toe a ¼ turn into right, bring right toe out a ¼ turn to right. (you should be facing the 12:00 wall)
- &7 Bring left heel in a ¼ turn to the right, bring right heel out a ¼ turn to the right (you should be facing the 9:00 wall with weight ending up on the left foot)
- &8 Scuff right foot forward, cross right over left ending in a cross foot position with weight on right)

BALL CHANGE, ½ TURN, PRESS, DRAG, BALL CROSS, TOGETHER, TOE SPREAD, BALL STEP

- &1 Step back on left, step forward on right
- 2 Make a ½ turn on right foot to the right
- 3-4 Step down forward on left heel, drag left back to right
- &5-6 Step left next to right, cross right over left. Step together
- &7 With weight on heels, spread toes apart, bring toes back together (with weight ending up on right foot)
- &8 Step back on left, step forward on right

WALKS, ROCK/RECOVERS WITH ½ TURN

- 1-2 Walk forward on left, walk forward on right
- 3-4-5-6-7-8 Rock forward on left, recover on right, repeat 2 more time

While doing your rocks and recovers make a ½ turn pivot to the right ending with your weight on the right foot, and give us a little style while you do it

REPEAT