

Pop Cowboy

拍數: 48 牆數: 2 級數: Advanced
編舞者: Gina Paul & Taylor Poarch
音樂: Thump Factor - Smokin' Armadillos



1-2 Stomp right foot, stomp right foot
3-4 Step back on right, step back on left
5-6 Step back on right, chug forward on right foot, with left foot in air
7-8 Step left, step right

PIVOT TURNS

9-10 Touch left foot forward, pivot 2 turn to right
11-12 Touch left foot forward, pivot 2 turn to right

LEFT GRAPEVINE

13-14 Step left foot to left, cross right foot behind left
15-16 Step left foot to left, stomp right foot

RIGHT GRAPEVINE

17-18 Step right foot to right, cross left foot behind right
19 Step right foot to right

PIVOT TURN

20-21 Touch left foot forward, pivot ½ turn to right
22-23 Touch left foot forward, pivot ½ turn to right
24-25 Step forward on left foot, kick right foot high out to side
26-27 Bring right foot across left (or you can step behind left if it feels more natural) step far out to left with left foot
28-29 Slide right to meet left, wiggle shoulders and hips
30-31 Wiggle shoulder and hip, stomp right foot
32-33 Stomp left foot, step out to right, thrust pelvis forward
34 Thrust pelvis forward again
35-36 With weight on right foot, lift left foot and make ½ turn to left
37-38 Thrust pelvis forward, thrust pelvis forward
39-40 Jump forward twice with feet still spread apart

In the following 8 step, you should make a full turn

41 With weight on left foot and right foot in air, turn right heel out, make a 1/8 turn to the left
42 Turn right heel in, make a 1/8 turn
43 Turn right heel out, make a 1/8 turn
44 Turn right heel in, make a 1/8 turn
45 Turn right heel out, make a 1/8 turn
46 Turn right heel in, make a 1/8 turn
47 Turn right heel out, make a 1/8 turn
48 Slap right heel with right hand

REPEAT