Poor Boy Shuffle (P)

拍數: 64

級數: Partner

編舞者: Renegade Rich & Debi Krajcsovics (USA)

音樂: Poor Boy Shuffle - The Tractors

Position: Begin in right open promenade facing LOD Lady's footwork is opposite of man's.

STEP, TOUCH, BACK, TOUCH, BACK, TOUCH, ¼ TURN, TOUCH

- Men step forward 11:00 with left foot, touch right next to left 1-2
- 3-4 Step back 5:00 on right foot, touch left next to right
- Step back 7:00 on left foot, touch right next to left 5-6
- 7-8 Step 1/4 turn right on right foot, touch left next to right

8 COUNT GRAPEVINE WITH TOUCH (JOIN BOTH HANDS AT THIS TIME)

- 1-2 Step side left with left foot, step right foot behind left
- 3-4 Step side left with left foot, step right foot in front of left
- 5-6 Step side left with left foot, step right foot behind left
- 7-8 Step side left with left foot, touch right foot next to left

RIGHT GRAPEVINE, ¼ TURN, TOUCH, LEFT GRAPEVINE, TOUCH

- 1-2 Step side right with right foot, step left foot behind right
- 3-4 Step ¼ turn to right on right foot, touch left next to right

After 1/4 turn man should be holding lady's right hand only, and the next 8 counts, man should stay behind lady switching hands as you cross ending up holding lady's left hand with his right after rolling vine

- Step side left with left foot, step right foot behind left foot 5-6
- 7-8 Step side left with left foot, touch right foot next to left

3-STEP ¾ TURN, TOUCH, ¼ TURN, SCUFF, STEP, SCUFF

- 1-2 Step 1/4 turn to right on right, step 1/4 turn to right on left foot
- 3-4 Step 1/4 turn right on right foot, touch left next to right
- 5-6 Step 1/4 turn left on left foot, scuff right next to left
- 7-8 Step forward on right foot, scuff left next to right

STEP ½ TURN, STEP ½ TURN, ¼ TURN TOUCH, STEP FORWARD TOUCH

- 1-2 Step forward on left, 1/2 turn to right on right foot
- 3-4 Step forward on left, 1/2 turn to right on right foot
- 5-6 Step back 1/4 turn to right on left foot, touch right next to left
- 7-8 Step small step forward on left, touch right foot next to left

On step 7-8 as you are facing each other bow your head to each other or tip your hat

FACING PARTNER: SIDE, TOGETHER (3-COUNTS), SIDE, TOGETHER, SIDE, TOGETHER

- 1-4 Large side step left, slide/touch right beside left on three counts
- 5-6 Step side right with right foot, step left next to right
- 7-8 Step side right with right foot, step left next to right

SIDE, BEHIND, ¼ TURN, SCUFF, JAZZ BOX

- 1-2 Step side left on left foot, step right foot behind left
- 3-4 Step ¼ turn to left on left foot, scuff right foot forward
- 5-6 Cross right foot over left foot, step back on left foot
- 7-8 Step right foot next to left, scuff left foot forward

3 SHUFFLES FORWARD, STEP, SCUFF





牆數: 0

- 1&2 Shuffle forward left, right, left
- 3&4 Shuffle forward right, left, right
- 5&6 Shuffle forward left, right, left
- 7-8 Step forward on right foot, scuff left foot forward

REPEAT

To be done after 4th wall. These steps are for the men

- 1-4 Stepping backwards with left toe, then heel, right toe, then heel
- 5-8 Left toe, then heel, right toe, then heel
- 9-10 Angle body to 1:00 and step left foot forward, step right foot behind left
- 11-12 Step left foot forward, scuff right foot forward
- 13-16 Stepping forward as you turn your body towards 11:00 (ladies 1:00)
- 13-14 Angle body to 11:00 and step right foot forward, step left behind right
- 15-16 Step right foot forward, scuff left foot forward