

Poor Boy Shuffle

拍數: 64 牆數: 0 級數:
編舞者: Monte L. Higgins (USA)
音樂: Poor Boy Shuffle - The Tractors



TAP, STOMP, HEEL SWITCHES, HITCH, SHUFFLES

1-2 Tap right toe back, stomp right foot at home
3&4 Tap right heel forward, step on right foot at home, tap left heel forward
& Step on left foot at home while hitching right knee
5&6 Right/left/right shuffle forward
7&8 Left/right/left shuffle forward

STEP/TURNS, SHUFFLES

1-2 Step right foot forward, turn ½ to the left
3-4 Step right foot forward, turn ½ to the left
5&6 Right/left/right shuffle forward
7&8 Left/right/left shuffle forward

RIGHT AND LEFT ANGLE VINES WITH ¼ TURN

1-4 Right grapevine (slightly forward at angle right) with a left toe tap
5-8 Left grapevine (slightly forward at angle left) turning ¼ left with right toe tap

MINI-VINE, TURN, STEP/TURNS

1-2 Step right foot to the right, step left foot behind right
3&4 Turn ¼ right (now facing LOD) and right/left/right shuffle forward
5-6 Step left foot forward, turn ½ to the right
7-8 Step left foot forward, turn ½ to the right

TAP, STOMP, HEEL SWITCHES, HITCH, SHUFFLES

1-2 Tap left toe back, stomp left foot at home
3&4 Tap left heel forward, step on left foot at home, tap right heel forward
& Step on right foot at home while hitching left knee
5&6 Left/right/left shuffle forward
7&8 Right/left/right shuffle forward

STEP/TURNS, SHUFFLES

1-2 Step left foot forward, turn ½ to the right
3-4 Step left foot forward, turn ½ to the right
5&6 Left/right/left shuffle forward
7&8 Right/left/right shuffle forward

LEFT AND RIGHT ANGLE VINES WITH ¼ TURN

1-4 Left grapevine (slightly forward at angle left) with a left toe tap
5-8 Right grapevine (slightly forward at angle right) turning ¼ right with left toe tap

MINI-VINE, TURN, STEP/TURNS

1-2 Step left foot to the left, step right foot behind left
3&4 Turn ¼ left (now facing LOD) and left/right/left shuffle forward
5-6 Step right foot forward, turn ½ to the left
7-8 Step right foot forward, turn ½ to the left

REPEAT
