

Poor Boy Shuffle (P)

COPPERKNOB
BY STEPHENETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Larry Carriger (USA) & Jody Carriger (USA)
音樂: Poor Boy Shuffle - The Tractors



Position: Closed Position. Ladies face inside of circle. Men face outside of circle. Man's footwork is described. Lady's is opposite

- 1-4 Step left with left foot, step right with right foot, step left next to right, hold
5-8 Step right with right foot, step left with left foot, step right next to left, hold
- 1-4 Step left, step right behind left, step left, step right behind left
5-8 Step left, touch right next to left, step right, touch left next to right
- 1&2-3&4 Left, right, left shuffle, right, left, right shuffle, (both turning ½ to right, man is offering right arm with lady's right arm draped through)
5&6-7-8 Left, right, left shuffle completing ½ turn right, step forward right, pivot ½ left (releasing arms)
- 1&2-3&4 Right, left, right shuffle, left, right, left shuffle, (both turning ½ to left, man offering left arm with lady's left arm draped through)
5&6-7-8 Right, left, right shuffle completing ½ turn left, step forward left pivot ½ right (releasing arms)
- 1-4 Step left, touch right beside left, step right, (¼ turn left, facing LOD, man offering right arm with lady's left arm draped through) touch left next to right
5-8 Step forward left, step forward right, step forward left, kick right forward
- 1-4 Step back right, touch left toe back, step forward left, kick right forward
5-8 Cross step right over left, step back with left, step forward right (¼ turn right, facing outside LOD, releasing arms) touch left beside right
- 1-4 Sway hips left, hold, sway hips right, hold
5-8 Sway hips left, sway hips right, sway hips left, sway hips right
- 1&2-3&4 Left, right, left shuffle forward, right, left, right shuffle to the right (lady does a right, left, right shuffle forward, left, right, left cross shuffle to the right)
5&6-7&8 Left, right, left shuffle back, right, left, right shuffle in place (lady does a right, left, right shuffle back, left, right, left shuffle to left) returning to closed position

REPEAT

TO DO AS A MIXER, SWITCH TO NEW PARTNER ON THE 4TH SET OF 8

- 1&2-3&4 Right, left, right shuffle left, right, left shuffle (both man and lady turning ½ turn to right man offering right arm with lady's right arm draped through)
5&6-7-8 Right, left, right shuffle completing ½ turn right, step forward left, pivot ½ right (releasing arms) now facing new partner