

Poor Boy Blues

COPPER KNOB
BY STEPHEN BATES

拍數: 92 牆數: 4 級數: Advanced
編舞者: Shane Alassi-Jones
音樂: Poor Boy Blues - Mark Knopfler & Chet Atkins



HEEL SPLITS, ROCK BACK FORWARD, SCUFF, HITCH, HEEL, TOGETHER

- 1-4 Take heel apart, back together, rock back on the right foot, forward on to the left, scuff the right foot through to a right 45 degrees, hitch the right foot and slap with right hand, return to a right 45 degrees then return feet together
- 5-8 Repeat
- 1-8 Repeat the last 8 beats using the left foot (rock back on the left foot, etc.)

STEP LEFT SLAP, STEP RIGHT SLAP

- 1-4 Step the left foot to the left side, raise right foot behind left and slap with the left hand, step right foot to the right side, raise left foot behind right and slap with the right hand

VINE LEFT

- 1-4 Vine to the left, left-right-left, feet together on the 4th beat (weight is on the left foot)

¼ TURN X 3, ¼ TURN SIDE TOGETHER AND CLAP, SIDE TOGETHER AND CLAP

- 1-10 Step forward onto the right foot, pivot ¼ turn to the left, replace weight to right foot, repeat ¼ turn twice more, turning ¼ turn to the left step on to the right foot, step left together & clap, step left foot to left, touch right foot beside the left

½ TURN, ½ TURN

- 1-4 Step forward onto the right foot, pivot ½ turn to the left, replace weight to the left foot step forward onto the right foot, pivot ½ turn to the left, replace weight to the left foot

VINE RIGHT

- 1-4 Vine to the right, right-left-right, feet together on the 4th beat (weight is on the right foot)

¼ TURN X 3, ¼ TURN SIDE TOGETHER & CLAP, SIDE TOGETHER & CLAP

- 1-10 Step forward onto the left foot, pivot ¼ turn to the right, replace weight to the right foot, repeat ¼ turn twice more, turning ¼ turn to the right step onto the left foot, step right together & clap, step right foot to the right, touch left beside right & clap

½ TURN, ½ TURN

- 1-4 Step forward onto the left foot, pivot ½ turn to the right, replace weight to the right foot, step forward onto the left foot, pivot ½ turn to the right, replace weight to the right foot

TOE HEEL STRUTS FORWARD, ROCK FORWARD, BACK, BACK, BACK FORWARD

- 1-10 Step left toe forward, drop the heel to the ground, step right toe forward, drop the heel to the ground, step left toe forward, drop heel to the ground, rock forward onto the right foot, rock back on the left foot, rock back on the right foot, forward on the left foot

½ TURN, ½ TURN

- 1-4 Step forward onto the right foot, pivot ½ turn to the left replace weight onto left foot, step forward onto the right foot, pivot ½ turn to the left replace weight onto left foot

TOE HEEL STRUTS FORWARD

- 1-6 Step forward onto the right toe, drop heel to the ground, step forward onto the left toe, drop heel to the ground, touch right toe beside left foot, drop right heel to the ground

HEEL TOE SWIVELS

- 1-4 Moving to the right, twist both heels right, twist both toes to the right, twist heels to the right, twist toes to the right
- 5-8 Repeat movements to the left, toes, heels, toes, heels

VINE RIGHT & SLAP BEHIND

- 1-4 Vine to the right, right-left-right, raise left foot behind the right & slap with right hand

VINE LEFT ¼ TURN

- 1-4 Vine to the left, step left foot to the left, step right behind, turn ¼ turn to the left stepping onto the left foot, step right foot together

REPEAT
