

Pony Polka

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Betty Clarke (CAN)
音樂: E.I.O. - Pony Club



HEEL, BALL HEEL, BALL HEEL, BALL HEEL; BACK CROSS; SIDE HEEL; BACK CROSS; SIDE HEEL

1&2 Tap right heel forward; ball change; tap left heel forward
&3&4 Ball change; tap right heel forward; ball change; tap left heel forward
&5&6 Step left back; cross right over left, step left to side; tap right heel 45 degrees right
&7&8 Step right back; cross left over right; step right to side; tap left heel 45 degrees left

STEP BACK; SHUFFLE; ½ PIVOT RIGHT; SHUFFLE; ¼ TURN LEFT WITH TWO BALL CHANGES

&1&2 Step left back; shuffle forward (right-left-right)
3-4 Step left forward; ½ pivot right
5&6 Shuffle forward (left-right-left)
&7&8 Turn ¼ left with ball change; ball change (right-left-right,left)

OUT-OUT, CLAP; IN-IN, CLAP; OUT-OUT, IN-IN; 2 KICKS FORWARD

&1&2 Step right to side; step left to side; clap (out-out)
&3&4 Step right back to center; step left beside right; clap (in-in)
&5&6 Step right to side; step left to side; step right back to center; step left beside right
7-8 Kick right forward (twice)

ROCK STEP; ½ PIVOT LEFT; STEP LOCK STEP SCUFF; STEP LOCK STEP

1-2 Rock back onto right; rock forward onto left
3-4 Step right forward; ½ pivot left
5&6& Step right forward; lock left up behind right; step right forward; scuff left forward
7&8 Step left forward; lock right up behind left; step left forward

REPEAT
