

Pony

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mary Richards (AUS) & Danny Richards (AUS)
音樂: Pony - Kasey Chambers



BACK/FORWARD, BRUSH FORWARD, BRUSH ACROSS, STEP ACROSS, SHUFFLE TO THE SIDE, TOE BEHIND, UNWIND

- &1 Rock back on right, step forward on left
- 2-3 Brush right forward, brush right across left
- 4 Step right across left
- 5&6 Shuffle to the left side leading with left foot
- 7-8 Touch ball of right behind left and unwind $\frac{3}{4}$ turn right ending with weight on left

STEP BACK, STEP BACK, & HEEL, & STEP, STOMP, HOLD, BALL-STEP, BALL-STEP

- 1-2 Step back right, left
- &3&4 Heel jack - (step back on right, tap left heel forward, step left together, step forward on right)
- 5-6 Stomp forward on left, hold
- &7&8 Step ball of right next to left, step forward on left, step ball of right next to left, step forward on left

ROCK FORWARD, ROCK BACK, $\frac{1}{2}$ TURN, $\frac{1}{2}$ TURN, TURN/BALL CROSS, HOLD, $\frac{1}{4}$ TURN, $\frac{1}{4}$ TURN

- 1-2-3-4 Rock forward on right, rock back on left, turn $\frac{1}{2}$ right stepping forward on right, turn $\frac{1}{2}$ right stepping back on left
- &5-6 Step right foot into $\frac{1}{4}$ turn right, step left across right with weight, hold
- 7-8 Step right foot back making $\frac{1}{4}$ turn left, step left foot to the side making $\frac{1}{4}$ turn left

STRUT $\frac{1}{4}$ LEFT, RETURN, STRUT $\frac{1}{4}$ RIGHT, RETURN, $\frac{1}{4}$ LEFT, SLAP, $\frac{1}{2}$ RIGHT, CLICK

- 1 Turn $\frac{1}{4}$ left and at the same time point right toe out to right side with hands at shoulder height ready to click fingers
- 2 Return $\frac{1}{4}$ right to face body forward and at the same time drop right heel (finishing the strut) and click fingers
- 3 Turn $\frac{1}{4}$ right and at the same time point left toe out to left side with hands at shoulder height ready to click fingers
- 4 Return $\frac{1}{4}$ left to face body forward and at the same time drop left heel (finishing the strut) and click fingers
- 5-6 Make $\frac{1}{4}$ turn left while stepping right foot to right side and legs bent slightly at the knees, slap thighs
- 7-8 Turning $\frac{1}{2}$ left step left foot next to right straightening knees (weight onto left foot), click fingers of right hand only

REPEAT
