

Ponsmere Turnaround (P)

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Robert Hocking (UK) & Kathryn Hocking (UK)
音樂: Swing Baby - David Ball



Position: Sweetheart (Side By Side)

RIGHT TOE TAPS AND TRIPLE STEP

1-2 Tap right toe forward, tap right toe out to right side
3&4 Triple step on the spot right, left, right

LEFT TOE TAPS AND TRIPLE STEP

5-6 Tap left toe forward, tap left toe out to left side
7&8 Triple step on the spot left, right, left

RIGHT SIDE STEPS WITH CHASSE

9-10 Step right to right, slide left up to right (weight on)
11&12 Triple step on the spot right, left, right

ROCK STEP SHUFFLE AND PIVOT SHUFFLE TURNS

Dropping left hands on count 13, passing right hands over lady's head and taking up sweetheart hold on count 16

13-14 **MAN:** Rock forward on left, in place on right
 LADY: Step forward on left, pivot ½ turn right
15&16 **MAN:** Shuffle back left, right, left
 LADY: Continue turning right ½ turn on shuffle left, right, left

ROCK STEP SHUFFLE (BOTH), LEFT SIDE STEPS WITH CHASSE

17-18 Rock back on right, in place on left
19&20 Shuffle forward right, left, right
21-22 Step left to left, slide right up to left (weight on)
23&24 Triple step on the spot left, right, left

ROCK STEP SHUFFLE AND PIVOT SHUFFLE TURNS

Dropping right hands on count 25, passing left hands over man's head and taking up sweetheart hold on count 28

25-26 **MAN:** Step forward on right, pivot ½ turn left
 LADY: Rock forward on right, in place on left
27&28 **MAN:** Continue turning left ½ turn on shuffle right, left, right
 LADY: Shuffle back right, left, right

ROCK STEP SHUFFLE (BOTH)

29-30 Rock back on left, in place on right
31&32 Shuffle forward left, right, left

RIGHT STEP LOCK SHUFFLE, LEFT STEP LOCK SHUFFLE

33-34 Right step forward diagonally right, slide left up behind right (lock step)
35&36 Shuffle forward right, left, right
37-38 Left step forward diagonally left, slide right up behind left (lock step)
39&40 Shuffle forward left, right, left

WALK FORWARD WITH LEFT TOE TOUCH, WALK FORWARD WITH RIGHT TOE TOUCH

41-44

Walk forward right, left, right touch left toe out to left side

45-48

Walk forward left, right, left touch right toe out to right side

REPEAT
