

The Ponderosa

COPPER KNOB
STEPPERS

拍數: 60 牆數: 2 級數: Intermediate
編舞者: Trevor Smith (AUS)
音樂: Ponderosa Dance - Bonanza



INTRODUCTION

- 1-3 Keeping ball of right foot on floor, turn heel into left instep & tap three times. Turn head over right shoulder at the same time
- 4 Return foot and head to center position
- 5-7 Keeping ball of left foot on floor, turn heel into right instep & tap three times. Turn head over left shoulder at the same time
- 8 Return foot and head to center position
- 9-11 Walk forward leading right foot right-left-right
- 12 Step left foot in beside right
- 13-14 Draw right gun and shoot right gun twice
- 15-16 Draw left gun and shoot left gun twice
- 17-18 Blow smoke from right gun then left gun
- 19-20 Holster both guns & return thumbs to pockets
- 21-23 Walk backwards leading right foot right-left-right
- 24 Step left foot in beside right
- 25-26 Standing still, look right over right shoulder & return to center
- 27-28 Standing still, look left over left shoulder & return to center

THE MAIN DANCE

- 1-2 Right 45 heel tap, touch right toe across in front of left foot
- 3-4 Right 45 heel tap, return right foot in beside left
- 5 Hitch right knee slapping with right hand at the same time
- 6 Return beside left foot
- 7 Hitch right knee slapping with right hand at the same time
- 8 Keeping knee hitched, clap hands twice

- 9-10 Step forward onto right foot, pivot ½ turn left ending weight on left
- 11 Step forward onto right foot
- 12 Pivot a ¼ turn ending weight on right foot touching in beside right

- &13 Step left onto left foot, then step right foot across in front
- &14 Step left onto left foot, then step right foot across in behind
- &15 Step left onto left foot, then step right foot across in front
- &16 Step left onto left foot & stomp right foot beside left
- The following 1 ¼ turn is performed as you travel right**
- 17 Step right onto right foot to commence turn right
- 18 Step onto left foot to continue turn
- 19 Step onto right foot to complete turn
- 20 Stomp left foot in beside right

- 21&22 Scoot forward three times on both feet
- 23&24 Scoot backwards three times on both feet
- 25 Lift left heel and scoot forward on right foot
- 26 Lift right heel and scoot forward on left foot
- 27-28 Repeat steps 25 & 26

- 29 Scoot right on left foot hitching right knee
 &30 Step down on right foot to scoot left hitching left knee
 31-32 Step down on left foot to scoot right twice touching right toe to side as you scoot and step down on 2nd scoot
 33 Scoot left on right foot hitching left knee
 &34 Step down on left foot to scoot right hitching right knee
 35-36 Step down on right foot to scoot left twice hitching left toe to side as you scoot and step down on 2nd scoot
 37-38 Step back onto right foot, step back onto left foot
 39-40 Step back onto right foot, step forward onto left foot
 41-42 Tap right heel forward, tap right toe behind
 43 Pivot a ½ turn right ending weight on left foot
 44 Brush right heel up to left knee

Leading with right foot, gallop right one full turn. A gallop is a syncopated movement which is in this case stepping forward on right foot & stepping left foot in behind.

- 45-48 Gallop a full turn right leading with right foot
 49-50 Step forward onto left foot, step forward onto right foot
 51 Brush left knee,
 52 Jump slightly kicking right foot forward to land on left foot
 53 Step forward onto right foot
 54 Pivot ½ turn left ending with weight on left foot
 55-56 Stomp right foot beside left, clap
 57-58 Right heel jack and together
 59-60 Left heel jack and together

To end the dance you have three beats

- 1 Draw your right gun
 2 Draw your left gun
 3 Shoot both guns & yell bang

REPEAT

Beginning again at count 1 in the opposite direction.
